

## ASAVAS & ARISHTAS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
<b>Aamalakaasavam</b>	■ Diabetes, Excessive thirst & General weakness.	■ 30 ml twice daily before or after food.	■ Ashtangahrudayam Prameha chikitsa
<b>Aaragwadha- adiaasavam</b>	■ All skin diseases, kapha based ailments, itching, leucoderma, and wounds.	■ 15-30 ml twice daily.	■ Ashtangahrudayam Shodhanaadi ganam
<b>Abhayaarishtam</b>	■ Piles, constipation, ascitis and dropsy. Remove obstructions to urine.	■ 15-30 ml, twice daily after food.	■ Ashtangahrudayam Arshas chikitsa
<b>Amrutaarishtam</b>	■ All types of fever, malaria, indigestion etc.	■ 15-30 ml, twice daily after food.	■ Bhaishajiaratnaavali Jwara chikitsa
<b>Ashokaarishtam</b>	■ Menorrhagia, metrorrhagia, vaginal discharge etc.	■ 15-30 ml, twice daily.	■ Bhaishajiaratnaavali Pradara chikitsa
<b>Ashwagandha- arishtam</b>	■ Dullness, loss of memory, epilepsy, Insanity and emaciation. It increases the ojas and nourishes all dhatus.	■ 15-30 ml, twice daily after food.	■ Bhaishajiaratnaavali Moorchaaroga chikitsa.
<b>Aravindaasavam</b>	■ Diseases of Children	■ 5-15 ml twice daily	■ Sahasrayogam
<b>Ayaskriti</b>	■ Diabetes, piles, leucoderma, skin diseases, anorexia, worms, obesity and grahani.	■ 15-30 ml daily after food.	■ Ashtangahrudayam Prameha chikitsa
<b>Balaarishtam</b>	■ Rheumatic and nervous diseases.	■ 15-30 ml twice or thrice daily.	■ Bhaishajiaratnaavali Vaatachikitsa
<b>Chandanaasavam</b>	■ Spermatorrhoea, burning micturition etc.	■ 15-30 ml twice or thrice daily.	■ Bhaishajiaratnaavali Suklameha chikitsa
<b>Chitrakaasavam</b>	■ Leucoderma, skin diseases, anemia etc.	■ 15-30 ml twice or thrice daily.	■ Ashtangahrudayam Switra chikitsa
<b>Dantiarishtam</b>	■ Constipation, ascites etc. Mild laxative.	■ 15-30 ml twice daily	■ Ashtangahrudayam Arshas chikitsa
<b>Dashamoola- arishtam</b>	■ This is a divine medicine which increase ojas, seminal and general strength. Indicated in gas troubles, hiccough, cough sprains, urinary disorders calculus, gravels and strained micturition etc.	■ 15-30 ml twice daily.	■ Bhaishajiaratnaavali Vajeekaranaa-dhikaram.

<b>Dashamoolajeera-kadiarishtam</b>	■ This is a combination of yogas of both Dashamool-arishtam and Jeerakarishhtam and can be used as a general health tonic.	■ 15-30 ml twice daily.	
<b>Dhaanuantara-arishtam</b>	■ Disease of puerperium and postnatal care.	■ 10-30 ml, twice daily.	■ Ashtangahrudayam Garbhaviapachikitsa
<b>Draakshaarishtam</b>	■ Anaemia, general weakness, pandu, grahani etc.	■ 15-30 ml twice daily.	■ Shaarnagadhara-samhita Asavarishtavidhi
<b>Duraalabhaa-arishtam</b>	■ Piles, constipation, indigestion etc.	■ 15-30 ml, twice daily before meals.	■ Ashtangahrudayam Arshas chikitsa
<b>Jeerakaarishtam</b>	■ Puerperal diseases, asthma, consumption, loss of voice, hiccough etc.	■ 15-30 ml twice daily.	■ Bhaishajiaratnaavali Sootika rogam
<b>Kanakaasavam</b>	■ Asthma, cough, chronic fever, raktapitta etc.	■ 15-30 ml twice daily before meals.	■ Bhaishajiaratnaavali Hikkaswasa chikitsa
<b>Khadiraarishtam</b>	■ Skin diseases, leprosy, heart diseases, anaemia, gulma, worms etc.	■ 15-30 ml twice daily before food.	■ Bhaishajiaratnaavali Kushta chikitsa
<b>Kumaariasavam</b>	■ Menstrual complaints, uterine tonic.	■ 10-30 ml, twice daily.	■ Sahasrayogam
<b>Kutajaarishtam</b>	■ Dysentery, haemorrhoids, grahani, chronic fever etc.	■ 15-30 ml, twice daily after food.	■ Bhaishajiaratnaavali Atisara chikitsa
<b>Lakshmanaaarishtam</b>	■ Menstrual disorders, Vaginal discharge etc.	■ 15-30 ml twice or thrice daily.	■ Bhaishajiaratnaavali Pradharachikitsa
<b>Lodhraasavam</b>	■ Diabetes, piles, skin troubles, anorexia, worms, anaemia, grahani etc.	■ 15-30 ml, twice daily after food.	■ Ashtangahrudayam Prameha chikitsa
<b>Lohaasavam</b>	■ Anaemia, dropsy, splenic disorders, diabetes, gulma, asthma, fistula etc.	■ 15-30 ml twice or thrice daily after food.	■ Bhaishajiaratnaavali Jwara chikitsa
<b>Madhookaasavam</b>	■ Grahani, mandaagni etc.	■ 15-30 ml twice daily.	■ Ashtangahrudayam Grahani chikitsa
<b>Mustaarishtam</b>	■ Grahani, poor digestion, diarrhoea, anorexia etc.	■ 15-30 ml twice daily.	■ Bhaishajiaratnaavali Agnimandya chikitsa
<b>Nimbaamri-taasavam</b>	■ Vata ailments, bone degeneration, Vata Raktham etc.	■ 15-30 ml, twice daily.	■ Ashtangahrudayam Vatavyadhi chikitsa

<b>Paarthaarishtam</b>	■ Heart diseases, anaemia etc.	■ 15-30 ml twice daily.	■ Bhaishajiaratnaavali Hridroga chikitsa
<b>Patolarishtam</b>	■ Itches, fever, vomiting and loss of appetite. Specially indicated in skin diseases due to any poison.	■ 15-30 ml twice daily.	■ Ashtangahrudayam Shodhanaadi ganam
<b>Pippaliaasavam</b>	■ Indigestion, anaemia, grahani and splenic diseases.	■ 15-30 ml twice daily after food.	■ Sarngadhara samhita. Asavarishtavidhi
<b>Pooteekaasavam</b>	■ Piles, gulma, distended stomach, constipation etc.	■ 15-30 ml twice daily.	■ Ashtangahrudayam Arshas chikitsa
<b>Pooteekaranja-asavam</b>	■ Piles and associated symptoms, gulma, distended stomach, constipation, strained micturition and calculus.	■ 15-30 ml twice daily.	■ Ashtangahrudayam Arsas chikitsa
<b>Punarnavaasavam</b>	■ Dropsy, anaemia etc.	■ 15-30 ml twice daily.	■ Bhaishajiaratnaavali Shobha chikitsa
<b>Saaraswataa-rishtam</b>	■ Epilepsy, insanity and speech disability. Excellent to promote intelligence.	■ 5-10 ml twice daily.	■ Bhaishajiaratnaavali Rasayanaadhikaram
<b>Shaaribaadi-aasavam</b>	■ Diabetes and diabetic abscesses.	■ 15-30 ml twice daily.	■ Bhaishajiaratnaavali
<b>Usheerasavam</b>	■ Anaemia, Skin diseases, diabetes, worms, Piles etc.	■ 10-30 ml thrice daily before food.	■ Bhaisajyaratnavali Rakthapitha chikitsa
<b>Vaashaarishtam</b>	■ Cough, raktapittam and kapha diseases etc.	■ 10-15 ml at regular intervals.	■ Sahasrayogam
<b>Varanaadiarishtam</b>	■ Head-ache, kapha diseases etc.	■ 15-30 ml twice daily before food.	■ Ashtanga hrudayam Shodhanaadi ganam

### BHASMAS, KSHAARAS & RASAKRIYAS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
<b>Hreeberakshaaram</b>	■ Shwitrām.	■ External application with suitable oils like Akshatailam.	■ Ashtangahrudayam Switra chikitsa
<b>Ilaneerkuzhampu</b>	■ Pterigiums, cataract, corneal ulcers, inflammations, night blindness and pittaja netrarogas.	■ 1 to 4 drops.	■ Sahasrayogam

<b>Kaliaanakshaaram</b>	■ Udawarta, piles, gulma, anaemia, ascitis, urinary obstruction, calculus etc.	■ 2-5 gms mixed with ghee.	■ Ashtangahrudayam Arsas chikitsa
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## POWDERS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
<b>Ashtachooranam</b>	■ Vatagulma, stomach ache, indigestion, grahani, loss of appetite etc.	■ 2-5 gms with ghee before meals.	■ Ashtangahrudayam Gulma chikitsa
<b>Avalgujabeejaadi Chooranam</b>	■ Switram. Intake of Medicine is strictly prohibited.	■ Apply externally by making it a paste in cow's urine or coconut oil.	■ Ashtangahrudayam Switra chikitsa
<b>Avipatti Chooranam</b>	■ Purgative in Pitta based ailments and toxic conditions.	■ 5-15 gms early in the morning or at bed time.	■ Ashtangahrudayam Virechana kalpam
<b>Chooranarajan</b>	■ Indigestion, colic and in VataKapha ailments.	■ 5-10 gms in boiled water or butter milk.	■ Sahasrayogam
<b>Daadimaashtaka Chooranam</b>	■ Grahani, dysentery, indigestion etc.	■ 5-10 gms with honey or butter milk before food.	■ Ashtangahrudayam Atisara chikitsa
<b>Elaadichooranam (Gandhachooranam)</b>	■ Vata & Kapha based diseases, itches, scabies, pruritis, toxic conditions etc.	■ External application with suitable oils or water.	■ Ashtangahrudayam Shodhanadi ganam
<b>Gruhadhoomaadi Lepachooranam</b>	■ Pain and oedema of Vatarakta.	■ Apply externally after making a paste with boiled butter milk or Dhaaniamlam.	■ Ashtangahrudayam Vatarakta chikitsa
<b>Gulgulupanchapala Chooranam</b>	■ Anal and other fistula, skin diseases, wounds etc.	■ 2-5 gms to be taken with honey or ghee like Gulgulutiktakam.	■ Ashtangahrudayam Bhagandara-pradishedham
<b>Haridraakhandam</b>	■ Allergic diseases, rhinitis, vicharchika, itching, kodham and Kapha ailments etc.	■ 5-10 gms twice daily.	■ Bhaishajiaratnaavali Seetapitta udarda-chikitsa
<b>Hinguvachaadi Chooranam</b>	■ Gulma, intestinal and urinary obstructions, dyspepsia, diarrhoea, hydrocele, piles, asthma, cough etc.	■ 5-10 gms.	■ Ashtangahrudayam Gulma chikitsa
<b>Hutabhogadi Chooranam</b>	■ Laxative. Piles and related pallor, oedema, indigestion etc.	■ 5-10 gms twice a day in buttermilk.	■ Sahasrayogam
<b>Induppukaana Chooranam</b>	■ Improves digestion and helps bowel movements.	■ 5-10 gms in hot water or butter milk.	■ Sahasrayogam.

<b>Jataamayaadi Choornam</b>	■ Vaatakarta, burning sensation and oedema in rheumatic diseases etc.	■ Apply externally cooked in butter milk or Dhaaniamlam.	■ Sahasrayogam
<b>Kachoorraadi Choornam</b>	■ Head-ache, burning sensation, giddiness, mental confusion etc. Gives sound sleep.	■ Paste over the fore head with breast milk or suitable medicated oils or ghees.	■ Sahasrayogam
<b>Karpoorraadi Choornam</b>	■ Cough, consumption, indigestion, loss of appetite etc.	■ 5-10 gms a day in honey, or in small doses at frequent intervals.	■ Sahasrayogam
<b>Kolakulathaadi Choornam</b>	■ For making poultice for Sweda karma in Vata based ailments, rheumatism etc.	■ Rub the poultice on affected part after cooking with Dhaaniamlam or buttermilk.	■ Ashtangasamgraham Vatavyadhi chikitsa
<b>Kottamchukkaadi Choornam</b>	■ Vata ailments, rheumatism etc.	■ External application after cooking with Dhaaniamlam.	■ Sahasrayogam
<b>Lodhraadi Choornam</b>	■ Lootaavisham.	■ Both internal and external applications.	■ Ashtangahrudayam Lootaavisha pratishedham
<b>Nimbaadi Choornam</b>	■ Skin troubles, itching especially on testicles, in the groins and armpits.	■ Mix in sour buttermilk and apply or rub over the affected parts.	■ Ashtangahrudayam Kushta chikitsa
<b>Panchakola Choornam</b>	■ Indigestion, cough, asthma, rhinitis and grahani.	■ 2-5 gms in buttermilk, hot water or honey.	■ Ashtangahrudayam
<b>Pulinkuzhampu Choornam</b>	■ Menstrual disorders, use in Soothikacharya.	■ 5-10 gms with butter milk twice daily.	■ Sahasrayogam
<b>Pushiaanuga Choornam</b>	■ Leucorrhoea, diarrhoea, bleeding piles, yonirogas, raktapitta etc.	■ 5-10 gms to be taken with kanjikam or honey.	■ Ashtangahrudayam Guhyaroga chikitsa
<b>Rasnaadi Choornam</b>	■ Catarrh, fever, heaviness and headache.	■ Apply over the fore head after mixing with breast milk or Castor oil.	■ Sahasrayogam
<b>Rajaniaadi Choornam</b>	■ Indigestion, diarrhoea, anaemia, cough and all child disorders.	■ 1-3 gms in honey or ghee.	■ Ashtangahrudayam Baalamaya pratishedham
<b>Saraswata choornam</b>	■ Improves Speech, Memory, Intelligence.	■ 5-10 gms twice daily	■ Sahasrayogam

<b>Sarasija makarandaadi Chooram</b>	■ Uterine bleeding.	■ 5 gms thrice daily with honey.	■ Sahasrayogam
<b>Shadharana Chooram</b>	■ Vataraktam, skin diseases, piles, flatulence, diabetes etc. It gives remarkable relief in numbness, pain, sprain and oedema.	■ 5-10 gms in hot water or boiled buttermilk.	■ Ashtangasamgraham Kushta chikitsa
<b>Taaleesapatraadi Chooram</b>	■ Indigestion, loss of appetite, asthma, cough, side and chest aches, anaemia etc.	■ 5-10 gms daily to be taken at frequent intervals.	■ Ashtangahrudayam Rajayakshma chikitsa
<b>Taaleesapatra Sitaavatakam</b>	■ Vomiting related to Vatakapha, grahani, chest pain, fever, stomach ache, cold, cough, asthma etc.	■ 5-20 gm to be taken at intervals.	■ Ashtangahrudayam Grahani chikitsa
<b>Triphalaadi Chooram</b>	■ Ophthalmic diseases.	■ 5-10 gms in honey or medicated ghees.	■ Ashtangahrudayam Timira pradishedham
<b>Twagelaadi Chooram</b>	■ Cough, dyspnoea, pain on flanks, rajayakshma, kapha ailments.	■ 5-15 gms to be taken with honey or ghee.	■ Ashtangahrudayam Rajayakshma chikitsa
<b>Upanaha chooram</b>	■ Vata ailments	■ Making Poultice for Swedakarma	■ Ashtangahrudayam, Swedavidhi
<b>Vaishwaanara Chooram</b>	■ Dyspepsia, indigestion, loss of appetite, gulma, constipation etc.	■ 5-10 gms with hot water or butter milk twice daily.	■ Ashtangahrudayam Gulma chikitsa
<b>Vilangaadi Chooram</b>	■ Obesity.	■ 5-10 gms with hot water.	■ Sahasrayogam
<b>Vilangatandulaadi Chooram</b>	■ Gulma, ascitis, anaemia etc. Laxative for Kaphavata ailments.	■ 5-10 gms with honey or ghee.	■ Ashtangahrudayam Virechana kalpam
<b>Vioshaadi Vatakam</b>	■ Cold, cough, rhinitis, dyspnoea, loss of appetite, kapha ailments etc.	■ 5-10 gm to be taken at frequent intervals.	■ Ashtangahrudayam Naasaroga- pratishedham
<b>Yogaraajachooram</b>	■ Fistula, piles, vatagulma, anaemia, dyspepsia, beejadosha etc.	■ 5-10 gms in honey.	■ Sahasrayogam

## GHRUTAM

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
<b>Aaragwadhamahaatiktaka Ghurutam</b>	■ Skin diseases, switram etc.	■ 5-10 gms in honey.	■ Sahasrayogam
<b>Amrutapraasham</b>	■ Impotency, kshatajakasam, shosham etc. For women after delivery this is an unavoidable medicine to gain strength.	■ 5 to 20 gms may be taken either before breakfast or after supper followed by milk.	■ Ashtangahrudayam Kasa chikitsa
<b>Ashokaghrutham</b>	■ Back pain, Cough, Asthama, Metroharrhagia, improves health, Cough etc.	■ 10-20 gms. after supper	■ Bhaishjyaratnavali Pradharachikitsa
<b>Brahmee Ghurutam</b>	■ Insanity, epilepsy and dullness of the brain. Improves memory.	■ 10-20 gm.	■ Ashtangahrudayam Unmada pratishedhaam
<b>Daadeemaadi Ghurutam</b>	■ Anemia, indigestion, and for easy child-bearing and delivery.	■ 10-20 gms. at bed time	■ Ashtangahrudayam Paandu chikitsa
<b>Dhaatriaadi Ghurutam</b>	■ Leucorrhoea, menstrual bleeding etc.	■ 10-20 gm	■ Sahasrayogam
<b>Doorvaa Ghurutam</b>	■ Visarpa, non-suppurative ulcers etc.	■ 10-20 gms. Both externally and internally.	■ Sahasrayogam
<b>Gulgulutiktaka Ghurutam</b>	■ Skin ailments, vaatasonita etc.	■ 10-20 gms	■ Ashtangahrudayam Vatavyadhi chikitsa
<b>Hapushaadi Ghurutam</b>	■ Vaatagulma, pain in the flanks and chest, udara, piles etc.	■ 10-20 gms	■ Ashtangahrudayam Gulma chikitsa
<b>Indukaanta Ghurutam</b>	■ Vata rogas, kshaya, stomach ache, jeernajwara, vishamajwara, shopha etc.	■ 10-20 gms	■ Sahasrayogam
<b>Jaatiaadi Ghurutam</b>	■ Wounds.	■ For lepna and dhara.	■ Ashtangahrudayam Vrana pratishedham
<b>Kaliaanaka Ghurutam</b>	■ Epilepsy, lunacy, anaemia, poisons etc.	■ 10-20 gms before meals.	■ Ashtangahrudayam Unmada pratishedham.
<b>Mahaabhootaraava Ghurutam</b>	■ Demoniacs, epilepsy, hysteria, insanity etc.	■ 5-20 gms Internally and for Nasyakarma.	■ Ashtangahrudayam Bhoota pratishedham
<b>Mahaakaliaanaka Ghurutam</b>	■ Epilepsy, lunacy, anaemia, Poisons etc.	■ 10-20 gms before food.	■ Ashtangahrudayam Unmada pratishedham

<b>Mahaaraasnaadi Ghrutam</b>	■ Vata rogas, convulsions, pain in the groins and vaginal tract etc.	■ 10-20 gms.	■ Ashtangahrudayam Kasa chikitsa
<b>Mahaasneham</b>	■ Vata ailments particularly in apatantraka, apatanaka etc.	■ 10-20 gms internally and for Snehana, Swedana and Nasyakarma.	■ Ashtangahrudayam Vataviadhi chikitsa.
<b>Mahaatiktaka Ghrutam</b>	■ Skin diseases, wounds, Visarpa, nadvirana, apachi, fistula etc.	■ 10-20 gm in empty stomach.	■ Ashtangahrudayam Kushta chikitsa
<b>Mahalpanchagavia Ghrutam</b>	■ Epilepsy, insanity, demoniacs etc.	■ 10-20 gms.	■ Ashtangahrudayam Apasmaara Pratishedham.
<b>Mishrakasneham</b>	■ Purgative in gulma.	■ 5 drops to 1 tsp.	■ Ashtangahrudayam Gulma chikitsa
<b>Naarasimha Rasaayanam</b>	■ Exhaustion, pitta ailments and body wasting. Good aphrodisiac, dhaatu vardhaka and a well known rejuvenative recipe.	■ 10-20 gms to be followed by milk.	■ Ashtangahrudayam Rasaayanaadhi- kaaram
<b>Panchagavia Ghrutam</b>	■ Epilepsy, insanity, demoniacs, sterility etc.	■ 10-20 gms.	■ Ashtangahrudayam Apasmaara Pratishedham
<b>Phalasarpiss</b>	■ Gynecological disorders, sterility etc.	■ 10-20 gms.	■ Ashtangahrudayam Guhyaroga Pratishedham
<b>Raasnaadi Ghrutam</b>	■ Vata ailments, cough etc.	■ 10-20 gms.	■ Ashtangahrudayam Vatavyadhi chikitsa
<b>Rasaghrutam</b>	■ Epileptic convulsions, apatandraka etc.	■ 10-20 gms.	■ Ashtangahrudayam Vatavyadhi chikitsa
<b>Saaraswata Ghrutam</b>	■ Confers good speech, intelligence, memory and digestive capacity.	■ 10-20 gms.	■ Ashtangahrudayam Baalopacharaneeyam
<b>Shalpala Ghrutam</b>	■ Consumption, gulma, anaemia, nasal catarrh, dyspnoea, cough, Weak digestion, dropsy etc.	■ 10-20 gms.	■ Ashtangahrudayam Rajayakshma chikitsa
<b>Shataavaree Ghrutam</b>	■ Yoni rogas, raktapitta, cough, raktavata, visarpa, epilepsy etc.	■ 10-20 gms.	■ Ashtangahrudayam Guhyaroga Pratishedham
<b>Sukhaprasooti Ghrutam</b>	■ This prevents delay, obstructions and unbearable pain in delivery and makes the process easy.	■ 10-20 gms, in empty stomach or along with breakfast from seventh or eighth month till delivery according to the digestive capacity.	■ Sahasrayogam



<b>Sukumaara Ghrutam</b>	■ Vatagulma, raktagulma, antravrudhi, piles, constipation etc. It do anulomana of Apana vayu in pregnant ladies and initiate easy delivery.	■ 10-20 gms.	■ Ashtangahrudayam Vidradhi Vrudhi chikitsa
<b>Tiktaka Ghrutam</b>	■ Pitta ailments, skin diseases, burning sensation, piles, nadvirana, apachi etc.	■ 10-20 gms.	■ Ashtangahrudayam Kushta chikitsa
<b>Traiphala Ghrutam</b>	■ Thimiram, eye diseases.	■ 5-10 gms at bed time.	■ Ashtangahrudayam Thimirachikitsa
<b>Vajraka Ghrutam</b>	■ Visarpam, jeernajwara, raktapitta, skin diseases etc.	■ 10-15 gms.	■ Ashtangahrudayam Kushta chikitsa
<b>Varanaadi Ghrutam</b>	■ Headache, indigestion, hydrocele, internal abscess, gulma etc.	■ 10-20 gms.	■ Ashtangahrudayam Shodhanaadi ganam
<b>Vastiaamayaantaka Ghrutam</b>	■ Urinary obstructions.	■ 10-20 gms.	■ Sahasrayogam
<b>Veerataraadi Ghrutam</b>	■ Painful micturation, calculus, urinary ailments etc.	■ 10-20 gms.	■ Ashtangahrudayam Shodhanaadi ganam
<b>Vidaariaadi Ghrutam</b>	■ Heart diseases, consumption, cough etc.	■ 10-20 gms.	■ Ashtangahrudayam Kasa chikitsa

## KASHAYAMS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
<b>Aaragwadhaadi Kashayam</b>	■ Skin diseases, itching, Diabetes, wounds etc. Mitigate Kapha dosa.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Shodhanaadi ganam
<b>Aaragwadhaa-mrutaadi kashayam</b>	■ Skin ailments, visarpa etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Amrutottaram Kashayam</b>	■ Fevers, vatasonitam etc. Mild laxative.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Ardhivilwam Kashayam</b>	■ Dropsy, constipation etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Ashtavargam Kashayam</b>	■ Vata ailments specifically in Nanatmaja types.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Balaaguloochiaadi Kashayam</b>	■ Paittika Vatasonitam, burning sensation etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam

<b>Balajaerakaadi Kashayam</b>	■ Cough and asthma.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Balaashataavariadi Kashayam</b>	■ Vataraktams, burning sensation etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Vataviadichikitsa
<b>Bhaarngiaadi Kashayam</b>	■ Sannipaata jwaram, chest pain, cough, asthma, aanaham etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Bhadraadarvaadi Kashayam</b>	■ Vata ailments.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Shodhanaadi ganam
<b>Bruhatiaadi Kashayam</b>	■ Urinary disorders and calculus.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Mutraaghata chikitsa
<b>Chiruvilwam Kashayam</b>	■ Piles, constipation, fistula, gulma etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Dashamoolaka-tutrayam Kashayam</b>	■ Asthma, cough, back ache, chest pain etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Dashamoolam Kashayam</b>	■ Vata ailments, cough, asthma etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Annaswaroopavijnaneeyam
<b>Dashamoolaraasnaadi Kashayam</b>	■ This has the properties of Raasnaadi Kashayam and precisely indicated in Vata dominant cases with pain and oedema	■ 15-20 ml with three times lukewarm water twice daily.	■ Patent
<b>Dhaanuantaram Kashayam</b>	■ Vata ailments, hydrocele, gulma, strained micturation, vaginal ailments, consumption etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Garbhaviapat chikitsa
<b>Dhanada Nayanaadi Kashayam</b>	■ Vata ailments especially in facial paralysis and aakshepakam.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Draakshaadi Kashayam</b>	■ Fever, alcoholism, vomiting, swooning, giddiness, thirst, jaundice, rakta pitta etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Jwara chikitsa
<b>Dusparshakaadi Kashayam</b>	■ Piles, anal ache, back ache etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Arsas chikitsa
<b>Elaakanaadi Kashayam</b>	■ Consumption, cough etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam

<b>Gandharvahastaadi Kashayam</b>	■ Vata ailments, indigestion etc. Mild laxative.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Garbharakshini Kashayam</b>	■ Anaemia, Body Pain, Loss of appetite, vomiting, giddiness etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Gulgulutiktakam Kashayam</b>	■ Vatarakta, skin ailments, foul wounds, fistula etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Vatarakta chikitsa
<b>Guloochiaadi Kashayam</b>	■ Fever, thirst, vomiting etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Shodhanaadiganam
<b>Indukaantam Kashayam</b>	■ Vishamajwaram, consumption, stomach aches, gulma etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Kaidrariaadi Kashayam</b>	■ Indigestion, Gas trouble, Loss of Appetite, Worm trouble etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Arogyakalpadrumam Grahaniroga chikitsa
<b>Katakakhadiraadi Kashayam</b>	■ Diabetes.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Mahaamanjishtaadi Kashayam</b>	■ Skin ailments, vataraktam, filariasis, numbness, paraplegia, obesity etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam
<b>Mahaaraasnaadi Kashayam</b>	■ Paraplegia, apabahukam, gridrasi, apatanakam, hernia, hydrocele etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Mahaatiktakam Kashayam</b>	■ Skin ailments, visarpam, dushtavranam, naadvranam etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Kushta chikitsa
<b>Manjishtaadi Kashayam</b>	■ Ailments due to blood impurity, vatasonita etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Mrudweekaadi Kashayam</b>	■ Thirst, liquor and drug intoxication etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Musaleekhadiraadi Kashayam</b>	■ Leucorrhoea, Menstrual disorders etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Nayopaayam Kashayam</b>	■ Asthma, cough etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Nimbaadi Kashayam</b>	■ Vidradhi, boils, diabetic carbuncles etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Nishaakatakaadi Kashayam</b>	■ Diabetes.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam

<b>Nishottamaadi Kashayam</b>	■ Kapha pitta based skin ailments, itching, dushta vrana etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Kushta chikitsa
<b>Panchakolam Kashayam</b>	■ Indigestion, grahani etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Annaswaroopavijnaneeyam
<b>Pathyapunarnavaaadi Kashayam</b>	■ Oedema, aneamia.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Pathyaakshadhatriaadi Kashayam</b>	■ Head aches, suryaavartam, ardhavabhedakam, ear ache, sankhakam, tooth ache, night blindness etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Shaarn gadhara samhita Siroroga pradishedham
<b>Patolakaturohiniaadi Kashayam</b>	■ Skin ailments, fever, itching, vomiting etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Shodhanaadi ganam
<b>Patalamoolaadi Kashayam</b>	■ Skin diseases, itching, chest and bladder aches, vitiligo, intermittent fever etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Kushta chikitsa
<b>Prasaariniiaadi Kashayam</b>	■ Apabahukam, vata ailments etc	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Punarnavaadi Kashayam</b>	■ Anaemia with oedema, fever, cough, and dyspnea.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Raasnaadi Kashayam</b>	■ Vatashonitam, aches and swelling at the ankles, triceps, knees, thighs, waist, and back of the neck etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Raasnapanchakam Kashayam</b>	■ Vata ailments especially pain at Joints, Bone, Bone marrow etc.	■ 15 ml mixed with 30 ml hot water twice daily.	■ Sahasrayogam
<b>Raasnaasaptakam Kashayam</b>	■ Vataraktam, low back ache, gridrasi etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Rasonaadi Kashayam</b>	■ Cough, hridroga, nausea, hiccough etc.	■ 15-20 ml with three times luke warm water twice daily.	■ Sahasrayogam
<b>Sahacharaadi Kashayam</b>	■ Gridrasi, aches in the legs, swelling, weakness etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Vaataviadhi chikitsa
<b>Saptasaaram Kashayam</b>	■ Gulma of women, pain in the chest, stomach, back and waist. Regulates bowel movements and improves digestion.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam

<b>Shataavariaadi Kashayam</b>	■ Paittika vatarakta, rakta pitta, insanity, burning sensation, intermittent fever etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Shonitaamruitam Kashayam</b>	■ Ailments due to blood impurity, diabetic carbuncles, itching and visarpa. Mild laxative.	■ 15-20 ml with three times lukewarm water twice daily.	■ Patent
<b>Sukumaaram Kashayam</b>	■ Vata gulma, rakta gulma, hernia, piles, menstrual disorders etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Vridhi chikitsa
<b>Tiktakam Kashayam</b>	■ Pitta ailments, skin diseases, visarpam, boils, scabies, burning sensation in stomach, thirst, giddiness, anaemia, apachi, chronic wounds etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Kushta chikitsa
<b>Traayantiaadi Kashayam</b>	■ Internal abscesses, pitta gulma, visarpa, rakta pitta, jaundice, jeerna jwara etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Vidradhi chikitsa
<b>Trijaatakaadi Kashayam</b>	■ Swarasaadam, hrillasa, praseka etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Vaashaaguloo- chiaadi Kashayam</b>	■ Paandu, kaamila, raktapitta etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Vajrakam Kashayam</b>	■ Skin ailments, visarpam, jaundice etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Valiya Raasnaadi Kashayam</b>	■ Sannipatika vata ailments.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Varadi Kashayam</b>	■ Obesity.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
<b>Varanaadi Kashayam</b>	■ Obesity, aamavata, head ache, internal abscess etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Shodhanaadi ganam
<b>Viaaghriaadi Kashayam</b>	■ Vata kapha jwara, rhinitis, cough, asthma etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Jwara chikitsa
<b>Vidaariaadi Kashayam</b>	■ Consumption, body ache, cough etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Vataviadhi chikitsa
<b>Vilangakrishnaadi Kashayam</b>	■ Worms and allied ailments.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam

## LEHAS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
<b>Agastia Rasaayanam</b>	<ul style="list-style-type: none"> <li>■ Cough, asthma, consumption, hiccough, fever, gulma, piles, hridroga, nasal catarrh etc. If consumed daily acts as rejuvenator, dispels wrinkles and greying of hair, bestows colour and complexion.</li> </ul>	<ul style="list-style-type: none"> <li>■ 10-20 gms.</li> </ul>	<ul style="list-style-type: none"> <li>■ Ashtangahrudayam Kaasa chikitsa</li> </ul>
<b>Ajamaamsa Rasaayanam</b>	<ul style="list-style-type: none"> <li>■ Consumption, cough, asthma etc. Nourishes the body and develops strength and vitality quickly.</li> </ul>	<ul style="list-style-type: none"> <li>■ 10-20 gms.</li> </ul>	<ul style="list-style-type: none"> <li>■ Patent</li> </ul>
<b>Ashwagandhaadi Leham</b>	<ul style="list-style-type: none"> <li>■ Consumption. This nourishes the body, and develops strength and vitality on daily intake.</li> </ul>	<ul style="list-style-type: none"> <li>■ 10-20 gms.</li> </ul>	<ul style="list-style-type: none"> <li>■ Sahasrayogam</li> </ul>
<b>Baahushaalagulam</b>	<ul style="list-style-type: none"> <li>■ Piles, Bleeding Piles, Constipation etc.</li> </ul>	<ul style="list-style-type: none"> <li>■ 10-20 gm</li> </ul>	<ul style="list-style-type: none"> <li>■ Bhaishajyaratnavli Arsochikitsa</li> </ul>
<b>Braahma Rasaayanam</b>	<ul style="list-style-type: none"> <li>■ Stupor, exertion, wrinkles of skin and grey hairs etc. Improves memory power and intelligence.</li> </ul>	<ul style="list-style-type: none"> <li>■ 10-20 gms.</li> </ul>	<ul style="list-style-type: none"> <li>■ Ashtangahrudayam Rasaayanaadhi kaaram</li> </ul>
<b>Chiavanapraasham</b>	<ul style="list-style-type: none"> <li>■ Consumption, cough, asthma, vata ailments, fevers, voice constraint, urinary and semen disorders etc. This is a well known Rasaayanam. Famous for the proper development of children and for warding off weakness in the aged.</li> </ul>	<ul style="list-style-type: none"> <li>■ 10-20 gms.</li> </ul>	<ul style="list-style-type: none"> <li>■ Ashtangahrudayam Rasaayanaadhi kaaram</li> </ul>
<b>Dantheehareethaki</b>	<ul style="list-style-type: none"> <li>■ Gas trouble, Sprue, Skin diseases, Heart diseases etc. It helps Laxation</li> </ul>	<ul style="list-style-type: none"> <li>■ 5-10 gm</li> </ul>	<ul style="list-style-type: none"> <li>■ Sahasrayogam</li> </ul>
<b>Dashamoola-hareetaki Leham</b>	<ul style="list-style-type: none"> <li>■ Dropsy, fever, gulma, anaemia, ailments of liver and kidney etc.</li> </ul>	<ul style="list-style-type: none"> <li>■ 10-20 gms.</li> </ul>	<ul style="list-style-type: none"> <li>■ Ashtangahrudayam Shopha chikitsa</li> </ul>
<b>Dashamoola Rasaayanam</b>	<ul style="list-style-type: none"> <li>■ Asthma, cough, voice constraint etc.</li> </ul>	<ul style="list-style-type: none"> <li>■ 5-10 gms.</li> </ul>	<ul style="list-style-type: none"> <li>■ Sahasrayogam</li> </ul>

<b>Draakshaadi Leham</b>	■ Anaemia, jaundice etc.	■ 10-20 gms.	■ Ashtangahrudayam Paandu chikitsa Sahasrayogam
<b>Gomootrahareetaki Leham</b>	■ Piles, skin diseases, dropsy, intestinal worms, obesity, grandhi, and aamavata etc.	■ 10-20 gms.	■ Ashtangahrudayam Arsas chikitsa
<b>Kaliaana Gulam</b>	■ Skin ailments, piles, gulma, diabetes, fistula etc. Laxative	■ 10-20 gms.	■ Ashtangahrudayam Virechana kalpam
<b>Kooshmaanda Rasaayanam</b>	■ Dry cough, consumption, raktapittam etc.	■ 10-20 gms.	■ Ashtangahrudayam Kaasa chikitsa
<b>Kutajatwagaadi Leham</b>	■ Dysentery , Diaarrhoea.	■ 5-10 gms twice daily after food.	■ Sahasrayogam
<b>Maanibhadram Leham</b>	■ Skin diseases, leucoderma, piles, intestinal worms, gulma, spleen Ailments etc.	■ 10-20 gms.	■ Ashtangahrudayam Kushta chikitsa
<b>Maarkava Rasaayanam</b>	■ Leucoderma, skin diseases etc.	■ 10-20 gms.	■ Ashtangahrudayam Switra chikitsa
<b>Madhusnuhee Rasaayanam</b>	■ Skin ailments, visarpam, dushta vranam etc.	■ 5-15 gms. followed by milk	■ Sahasrayogam
<b>Mrudweekaadi Leham</b>	■ Pitta dominant cough.	■ 5-15 gms.	■ Ashtangahrudayam Kaasa chikitsa
<b>Shataavaree Gulam</b>	■ Leuchorrhoea, painful micturation etc.	■ 10-20 gms.	■ Sahasrayogam
<b>Sooranaadi Leham</b>	■ Piles and allied indigestion, loss of appetite and pallor.	■ 10-20 gms.	■ Ashtangahrudayam Arsas chikitsa
<b>Sukumaaraleham</b>	■ Vata gulma, rakta gulma, hernia, piles, menstrual disorders etc.	■ 10-20 gms.	■ Ashtangahrudayam Vidradhi vridhi chikitsa
<b>Truvrut Leham</b>	■ Laxative, Jaundice, Oedema etc.	■ 5-10 gm	■ Sahasrayogam
<b>Vidariaadi Leham</b>	■ General weakness. To increase body weight.	■ 10-20 gms twice daily after food.	■ Ashtangahrudayam Shodhanaadiganam
<b>Vilwaadi Leham</b>	■ Vomiting, loss of appetite, indigestion, grahani, asthma, excessive salivation etc.	■ 5-10 gms.	■ Sahasrayogam

## OILS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
<b>Aarukaalaadi Oil</b>	■ Jaundice, pitta ailments etc.	■ Apply on head	■ Sahasrayogam
<b>Amrutaadi Oil</b>	■ Vaatarakta, headache, burning sensation in head, pitta ailments etc.	■ Apply on head	■ Sahasrayogam
<b>Anutailam</b>	■ Jatroordwa rogas, sinusitis, headache etc.	■ 2-10 drops for Nasya karma.	■ Ashtangahrudayam Nasya vidhi
<b>Arimedaadi Oil</b>	■ Diseases of the mouth, specially in dental troubles.	■ External application and gargling.	■ Sahasrayogam
<b>Arimedastailam</b>	■ Diseases of mouth and teeth.	■ Gargling, applying on the teeth and head.	■ Ashtangahrudayam Mukharoga pratishedham
<b>Asanailaadi Oil &amp; Coconut Oil</b>	■ Promotes comfort of eyes, ear and head and prevent catarrh.	■ Apply on head and body.	■ Sahasrayogam
<b>Asanamanjishtaadi Oil</b>	■ Gives coolness to head and eyes.	■ Apply on head.	■ Sahasrayogam
<b>Asanavilwaadi Oil &amp; Coconut Oil</b>	■ Promotes comfort of eyes, ear and head and prevent catarrh.	■ Apply on head.	■ Sahasrayogam
<b>Ashtapatraadi Coconut Oil</b>	■ Very effective in growth of hair and promotes comfort for eyes and ear. Useful in Nasal Conjestion, Sneezing, Neck Pain etc.	■ Apply on head.	■ Sahasrayogam
<b>Balaa Tailam</b>	■ Vatavikeras, Pakshaghatam etc.	■ 10-60 drops internally.	■ Sahasrayogam
<b>Balaadhaatriaadi Oil</b>	■ Head ache, suppuration of ears, dental troubles etc. Gives coolness to head and eyes.	■ Apply on head.	■ Sahasrayogam
<b>Balaaguloochiaadi Oil &amp; Coconut Oil</b>	■ Vatashonita, burning sensation, catarrh and allied troubles etc.	■ Apply on head and body.	■ Sahasrayogam
<b>Balaamrutaadi Tailam</b> ( Balaaguloochiaadi Tailam Special )	■ Vatashonita, headache etc.	■ Apply on head and body.	■ Patent



<b>Balaahataadi Oil &amp; Coconut Oil</b>	■ Headache.	■ Apply on head.	■ Sahasrayogam
<b>Balaashwa-gandhaadi Oil</b>	■ Consumption, cattarrh etc.	■ Apply on head and body.	■ Sahasrayogam
<b>Balaashwagandhaadi Kuzhampu</b>	■ Vata ailments, insanity, cough etc. Gives nourishment and strength to the body.	■ Apply on body.	■ Sahasrayogam
<b>Bhrungaamalakaadi Coconut Oil</b>	■ Ailments of ear, throat, teeth and head. Gives coolness, clear vision and natural lusture to the eyes	■ Apply on head.	■ Sahasrayogam
<b>Bhujagalataadi Oil &amp; Coconut Oil</b>	■ Dandruff, head ache, hair-falling etc. Gives natural colour and beauty to hairs.	■ Apply on head.	■ Patent
<b>Chemparatiadi Coconut Oil</b>	■ Skin ailments of children, itches etc.	■ Apply on head and body.	■ Patent
<b>Chinchaadi Oil &amp; Kuzhambu</b>	■ Vata ailments associated with numbess and pain, sarvangavata etc	■ Apply on head and body. Kuzhambu is not used on the head.	■ Sahasrayogam
<b>Dashamoola Tailam</b>	■ Ear diseases, oedema of lower limbs etc.	■ Apply on head.	■ Ashtamgasamgraham Karnaroga pratishedham
<b>Devadaarvaadi Coconut Oil</b>	■ Kapha ailments especially in children, productive cough, tonsilitis etc.	■ Apply on head.	■ Patent
<b>Dhaanuantaram Tailam &amp; Kuzhampu</b>	■ Vata ailments, diseases of women in peurperum, insanity, retensation of urine, hernia etc.	■ Both internally and externally. Kuzhampu is not used internally and is good for Pizhichil.	■ Ashtangahrudayam Garbhaviapad saareeram
<b>Dhaanuantaram Repetitions (3 &amp; 7 Times)</b>	■ Same as above with higher potency. The more number of repetitions, efficacy will be higher. Prepared in 3 and 7 repetitions.	■ Snehapaanam, Nasya karma, Vasthi and external application. 10 drops to one teaspoon.	■ Ashtangahrudayam-garbhaviapad Saareeram
<b>Dhurthoorapatraadi Coconut Oil</b>	■ Dandruff, itching on scalp etc.	■ Apply on head.	■ Sahasrayogam
<b>Dineshailaadi Oil &amp; Coconut Oil</b>	■ Scabies, psoriasis, etc.	■ External application.	■ Sahasrayogam
<b>Elaadi Oil &amp; Coconut Oil</b>	■ Skin ailments, catarrh, itches, scabies, karappan etc.	■ Apply on head and body.	■ Ashtangahrudayam Shodhanaadi ganam

<b>Erandasukumaram</b>	■ Piles, Ascites, Scrotal swelling, vaginal diseases, constipation etc.	■ 5-10 ml	■ Ashtangahrudayam
<b>Gandharvahasta Tailam</b>	■ Back ache, vata ailments etc. Mild laxative.	■ 5-20 ml internally.	■ Ashtamgasamgraham Vidradhi vridhi chikitsa
<b>Hingutrigunam</b>	■ Hydrocele, gulma, stomach aches etc. Laxative.	■ 5-20 ml internally.	■ Ashtangahrudayam Gulma chikitsa
<b>Jaatiaadi Coconut Oil</b>	■ Wounds and ulcers.	■ External application.	■ Ashtangahrudayam Sadiovrana prathishedham
<b>Jeevantiaadi Yamakam</b>	■ Cracks in feet, palms and lips, psoriasis etc.	■ External application.	■ Ashtangahrudayam Kushta chikitsa
<b>Karpaasaasthiaadi Oil &amp; Kuzhampu</b>	■ Paralysis, facial palsy, apabahukam etc.	■ Apply on head and body. Kuzhambu is not used on the head.	■ Sahasrayogam
<b>Kanjuniaadi Oil &amp; Coconut Oil</b>	■ Dandruff, headache, hair fall etc.	■ Apply on head.	■ Sahasrayogam
<b>Karpooaraadi Oil</b>	■ Rheumatic complaints like Pain, Numbness etc.	■ Apply on affected area	■ Patent
<b>Ketakeemoolaadi Kuzhampu / Tailam</b>	■ Astigatavaatam, vataraktam etc.	■ External application.	■ Sahasrayogam
<b>Kottamchukkaadi Oil &amp; Kuzhampu</b>	■ Vata ailments, numbness, pain, oedema etc.	■ External application.	■ Sahasrayogam
<b>Ksheerabala Tailam</b>	■ Vata ailments, arditam, aayamam, hemiplegia, and other nervous disorders, head ache, sooriavartha, vaginal disorders, insomnia etc.	■ Apply on head and body.	■ Sahasrayogam
<b>Ksheerabala Repetitions (3, 7, 14, 21, &amp; 101)</b>	■ Same as ksheerabala tailam with higher potency. The number of repetitions, efficacy will be higher. Prepared in 3,7,14, 21 and 101 repetitions.	■ Snehapaanam, Nasya karma, Vasthi and external application. 2 drops to one teaspoon.	■ Sahasrayogam.
<b>Kumkumaadi Tailam</b>	■ Improve the luster of the skin.	■ Apply on the face.	■ Ashtangasamgraham Sahasrayogam

<b>Laakshaadi Oil &amp; Coconut Oil</b>	■ Body-wasting and catarrh in children. It purifies the blood.	■ Apply on head and body.	■ Ashtangahrudayam Baalaamaya pratishedham
<b>Maalatiyadi Coconut Oil</b>	■ Indraluptam, darunakam etc.	■ Apply on head	■ Ashtangahrudayam Siroroga pratishedham
<b>Maasha Tailam</b>	■ Emaciation, numbness, contraction etc.	■ External application.	■ Ashtangahrudayam Vaatasonita chikitsa
<b>Madhukaadi Oil</b>	■ Asthma, cough, insomnia etc.	■ Apply on head.	■ Patent
<b>Madhuyashtiaadi Oil</b>	■ Vaatasonitam, catarrh etc.	■ Apply on head and body.	■ Ashtangahrudayam Vaatasonita chikitsa
<b>Mahaabalaa Tailam</b>	■ Aavarana vata, heart diseases, vranaayaamam etc. Useful for women after delivery, and for those not conceiving.	■ 10-60 drops. Both internally and externally	■ Ashtangahrudayam Vaatasonita chikitsa
<b>Mahaamaasha Tailam</b>	■ Hemiplegia, facial paralysis, deafness, lockjaw, sciatica, apabaahukam etc.	■ External application	■ Sahasrayogam
<b>Mahanarayana Tailam</b>	■ Vata ailments, vatashonita etc.	■ Snehapaanam, Nasya karma and external application.	■ Bhaishajiaratnaavali Vaatavyaadhi Chikitsa
<b>Murivenna</b>	■ Cuts, wounds, fractures, dislocations etc.	■ External application.	■ Patent
<b>Naalpaamaraadi Oil &amp; Coconut Oil</b>	■ Skin ailments, itches, visarpam, blood impurities etc.	■ Apply on head and body.	■ Sahasrayogam
<b>Naaraayana Tailam</b>	■ Vata ailments, vatashonita etc.	■ Snehapaanam, Nasya karma and external application.	■ Bhaishajiaratnaavali Vaatavyaadhi Chikitsa
<b>Neeleebhrungaadi Oil &amp; Coconut Oil</b>	■ Reputed in growth of hair, gives comfort to head and eyes.	■ Apply on head.	■ Sahasrayogam
<b>Neeledalaadi Coconut Oil</b>	■ Spider poisoning, skin ailments, itches etc.	■ External application.	■ Prayoga samuchayam Ashtama parichedam
<b>Nimbaamrutaadi Castor Oil</b>	■ Laxative in rheumatic and skin ailments.	■ 5-10 ml internally.	■ Ashtangahrudayam Vataviadhi chikitsa As per tradition
<b>Nimbaamrutaadi Oil</b>	■ Catarrh.	■ Apply on head.	■ Ashtangahrudayam Vataviadhi chikitsa
<b>Nirgundiaadi Coconut Oil</b>	■ Tonsillitis, head ache, rhinitis, insomnia etc.	■ Apply on head.	■ Yogaratna samuchayam Siroroga pratishedham

<b>Nishosheeraadi Oil &amp; Coconut Oil</b>	■ Diabetic carbuncle.	■ External application.	■ Sahasrayogam
<b>Panchasneham</b>	■ Rheumatic complaints especially in fracture, body wasting etc.	■ External application	■ Sahasrayogam
<b>Parinatakeriaadi Tailam</b>	■ Apabahukam.	■ External application.	■ Sahasrayogam
<b>Patolaadi Coconut Oil</b>	■ Skin ailments, wounds etc.	■ External application.	■ Ashtanga hrudayam Shodhanadi ganam
<b>Pinda Tailam</b>	■ Vatasonita and allied burning, swelling, and redness.	■ External application and for Dhara.	■ Ashtangahrudayam Vaatasonita chikitsa
<b>Pippaliaadi Anuaasana Tailam</b>	■ Udavartam, piles, constipation etc.	■ For Vasti.	■ Ashtangahrudayam Arsas chikitsa
<b>Prabhanjanam Tailam &amp; Kuzhampu</b>	■ Sarvanga vata, arditā, numbness, neuralgia, sciatica etc.	■ External application.	■ Sahasrayogam
<b>Prasaarinee Tailam</b>	■ All vata ailments.	■ Externally and for Nasya karma.	■ Ashtangahrudayam Vataviadhi chikitsa
<b>Raasnaadi Oil</b>	■ Vata ailments, particularly in facial paralysis.	■ Externally, internally and for Sirovasti.	■ Sahasrayogam.
<b>Sahacharaadi Oil &amp; Kuzhambu</b>	■ Vata ailments especially of the lower extremities, varicose veins etc.	■ Apply on body.	■ Ashtangahrudayam Vataviadhi chikitsa
<b>Sahacharaadi Repetitions (3 &amp; 7)</b>	■ Same as sahacharaadi oil with higher potency. The more number of repetitions efficacy will be higher. Prepared in 3 and 7 repetitions.	■ Good for intake with milk or in kashayas. Five drops to one teaspoon.	■ Ashtangahrudayam Vataviadhi chikitsa
<b>Shudhabala Oil</b>	■ Vata ailments, insomnia etc.	■ External application.	■ Sahasrayogam
<b>Shudhadorvaadi Coconut Oil</b>	■ Skin ailments, pittavisarpa, burning sensation etc.	■ External application.	■ Patent
<b>Sirovirechanam</b>	■ Head ache, sinusitis, migraine, kapha ailments etc.	■ Nasya karma.	■ Ashtangahrudayam Shodhanadi ganam
<b>Tekaraaja Tailam &amp; Coconut Oil</b>	■ Pratamaka swasam, asthma, cough etc.	■ Apply on head.	■ Sahasrayogam
<b>Triphalaadi Oil &amp; Coconut Oil</b>	■ Ear and eye ailments, catarrh etc.	■ Apply on head.	■ Sahasrayogam
<b>Tungadrumaadi Oil</b>	■ Insomnia, keeps the head cool.	■ Apply on head.	■ Sahasrayogam
<b>Vaatamardanam Kuzhampu</b>	■ Vata ailments, sprain, numbness etc.	■ External application.	■ Patent

<b>Vachaalashuna Tailam</b>	■ Otorrhea, ear diseases etc.	■ Apply to the head and for Karnapooranam.	■ Sahasrayogam
<b>Vajraka Tailam</b>	■ Skin ailments, dushta vranam, nadi vranam etc.	■ External application.	■ Ashtangahrudayam Kushta chikitsa.
<b>Valiya Chandanaadi Oil</b>	■ Insomnia, head ache, burning sensation etc.	■ Apply to the head.	■ Sahasrayogam
<b>Vidaariaadi Yamakam</b>	■ Dhatuksayaja vata ailments, sprain, pain etc.	■ Apply on head and body.	■ Ashtangahrudayam Shodhanadi ganam
<b>Vilwampaa-chottiaadi Oil</b>	■ Diseases of head, gives cooling effect to head and eyes.	■ Apply to the head.	■ Sahasrayogam

## PILLS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
<b>Chandraprabha</b>	■ Diabetes, urinary disorders, calculus, menstrual irregularities, fistula etc.	■ 1-2 twice or thrice daily.	■ Baishajiaratnaavali Premeha chikitsa
<b>Chukkumtippaliaadi</b>	■ Jeerna jwaram, sannipaata jwaram etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
<b>Dashaamgam</b>	■ All types of insect bite poisons.	■ Both externally and internally. 1-2 twice or thrice daily.	■ Ashtangahrudayam Keetalootaadi pratishedham
<b>Dhaanuantaram</b>	■ Asthma, cough, vomiting, hiccough, consumption etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
<b>Doosheevishaari</b>	■ For internal detoxification	■ 1-2 twice or thrice daily.	■ Ashtangahrudayam Visha pratishedham
<b>Gopeechandanaadi</b>	■ Children's ailments, fever, asthma, cough, grahani, convulsions etc.	■ 1-2 twice or thrice daily in honey, or breast milk.	■ Sahasrayogam
<b>Gorochanaadi</b>	■ Sannipata jwaram, asthma, cough, vomiting, arditam etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
<b>Grahaniantakam</b>	■ For grahani and other Intestinal disorders.	■ 1-2 twice or thrice daily.	■ Patent
<b>Hinguvachaadi</b>	■ Gulma, intestinal and urinary obstructions, dyspepsia, diarrhoea, hydrocele, piles, asthma, cough etc.	■ 1-2 twice or thrice daily.	■ Ashtangahrudayam Gulma chikitsa
<b>Kankayanam Gulika</b>	■ Piles, constipation etc.	■ 1 2 twice daily and suitable kashayam or arishta.	■ Sahasrayogam

<b>Kaishoragulgulu</b>	■ Skin ailments, wounds, gulma, vatashonitam, prameha pitakas, fistula etc.	■ 1-2 twice or thrice daily.	■ Shaarnghadhara samhita Vaatarakta chikitsa
<b>Karutta Gulika</b>	■ Headache. It is also referred as Sirrastoda gulika.	■ External application only. A pill rubbed into ghee, milk, breast milk or suitable Aavarttees and applied over the crown and forehead.	■ Sahasrayogam
<b>Kastooriaadi (Vayu Gulika)</b>	■ Asthma, cough, hiccough, sprain, breathing constraint, convulsions, epilepsy etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
<b>Kompanchaadi</b>	■ Children's fever, asthma, convulsions etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
<b>Kutajaphaanitam</b>	■ Bleeding piles, rakta pittam, diarrhoea etc.	■ 1-2 pill with milk twice daily.	■ Ashtangahrudayam Arsas chikitsa
<b>Maanasamitram</b>	■ Lunacy, convulsions, epilepsy etc.	■ 1-2 pill in milk twice daily.	■ Sahasrayogam
<b>Mandooravatakam</b>	■ Anaemia.	■ 1-2 pill in butter milk twice or thrice daily.	■ Ashtangahrudayam Paandu chikitsa
<b>Marmagulika</b>	■ Marmavikaras	■ 1-2 twice or twice daily. Use with Ghee or honey and apply only externally. Not for internal use.	■ Sahasrayogam
<b>Navaayasam</b>	■ Anaemia, dropsy, jaundice etc.	■ 1-2 pill in butter milk twice or thrice daily.	■ Ashtangahrudayam Paandu chikitsa
<b>Navagulgulu</b>	■ Obesity, amavatam, anaemia, oedema etc.	■ 1-2 twice or thrice daily.	■ Ashtangahrudayam Vaataviadhi chikitsa
<b>Shwaasaanandam</b>	■ Cough, asthma, hiccough, breathing discomfort etc.	■ 1 tablet twice daily with milk.	■ Sahasrayogam
<b>Sooriaprabha</b>	■ Fevers, cough, asthma etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
<b>Vettumaaran</b>	■ Intermittent fever, asthma, vomiting, mootraaghaadam, abdominal pain, gulma etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
<b>Vilwaadi</b>	■ Poisons of cobra, spider, rat, and scorpion, diarrhoea, fever, grahani etc.	■ 1-2 twice or thrice daily.	■ Ashtangahrudayam Visha pratishedham
<b>Yogaraajagulgulu</b>	■ Aamavaatam, intestinal worms, skin ailments, gulma, piles etc.	■ 1-2 twice or thrice daily.	■ Shaarnghadhara samhita Vata chikitsa.