

PATENT MEDICINES

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Ashwagandha Tablet	■ General weakness, develops strength and vitality on daily intake.	■ 2-3 tablets 2 times daily	■ Patent
Brahmi Tablet	■ Boost up Memory Power and Intelligence.	■ 2-3 tablets twice daily.	■ Patent
Brahmi Oil	■ Dandruff, Cooling for head, Insomnia, hair falling.	■ Apply on Head.	■ Patent
Bhudhaatri Syrup	■ Jaundice, Liver complaints, Anaemia	■ 5-10 ml 3 times daily	■ Patent
Herbal Drink	■ Invigorating and stimulating blend of Ayurvedic ingredients with a natural flavour. Good for digestion, Blood purification etc.	■ Add 5g. of mixture and Jaggery as required into 100ml. of boiling water, boil it for two minutes, filter it and a refreshing cup of Herbal Drink is ready.	■ Patent
Laxon Capsule	■ Laxative capsule for adults	■ 1-2 capsules at bed time or early morning as directed by physician Contraindication to pregnant ladies.	■ Patent
Laxon Syrup	■ Laxative syrup for Children	■ 2-5 ml	■ Patent
Musthanol	■ Loss of appetite for Children, Indigestion etc.	■ 1-5 ml twice daily	■ Patent
Mehagni Tablet	■ Prameha Chikitsa	■ 2 tablets twice daily before food or as directed by the physician.	■ Patent
Pruriniil	■ Fungal infections, Skin ailments etc.	■ External application only on affected areas.	■ Patent
Pachanol	■ Loss of appetite for adults, indigestion etc.	■ 5-10 ml twice daily before food.	■ Patent
Phalarasayanam	■ Nourishes the body and improves strength	■ 10-20 gm	■ Patent
Rituranjini Syrup	■ Menstrual disorders, Menstrual pain and impotence etc.	■ 10 ml twice daily after food	■ Patent
Sooth Lint	■ Pain, rheumatic complaints.	■ External application only on affected areas.	■ Patent
Sooth Roll	■ Headache, cold.	■ Apply on forehead.	■ Patent
Sooth Rub	■ Headache, cold, pain etc.	■ External application.	■ Patent
Smooth Cough Syrup	■ Cough, Cold.	■ 5 ml twice daily before food.	■ Patent
Thriphala Tablet	■ Rasayanam, General health, good for Eye sight	■ 2-3 tablets	■ Patent

ASAVAS & ARISHTAS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Aamalakaasavam	■ Diabetes, Excessive thirst & General weakness.	■ 30 ml twice daily before or after food.	■ Ashtangahrudayam Prameha chikitsa
Aaragwadha- adiaasavam	■ All skin diseases, kapha based ailments, itching, leucoderma, and wounds.	■ 15-30 ml twice daily.	■ Ashtangahrudayam Shodhanaadi ganam
Abhayaarishtam	■ Piles, constipation, ascitis and drosy. Remove obstructions to urine.	■ 15-30 ml, twice daily after food.	■ Ashtangahrudayam Arshas chikitsa
Amrutaarishtam	■ All types of fever, malaria, indigestion etc.	■ 15-30 ml, twice daily after food.	■ Bhaishajiaratnaavali Jwara chikitsa
Ashokaarishtam	■ Menorrhagia, metrorrhagia, vaginal discharge etc.	■ 15-30 ml, twice daily.	■ Bhaishajiaratnaavali Pradara chikitsa
Ashwagandha- arishtam	■ Dullness, loss of memory, epilepsy, Insanity and emaciation. It increases the ojas and nourishes all dhatus.	■ 15-30 ml, twice daily after food.	■ Bhaishajiaratnaavali Moorchaaroga chikitsa.
Aravindaasavam	■ Diseases of Children	■ 5-15 ml twice daily	■ Sahasrayogam
Ayaskriti	■ Diabetes, piles, leucoderma, skin diseases, anorexia, worms, obesity and grahani.	■ 15-30 ml daily after food.	■ Ashtangahrudayam Prameha chikitsa
Balaarishtam	■ Rheumatic and nervous diseases.	■ 15-30 ml twice or thrice daily.	■ Bhaishajiaratnaavali Vaatachikitsa
Chandanaasavam	■ Spermatorrhoea, burning micturition etc.	■ 15-30 ml twice or thrice daily.	■ Bhaishajiaratnaavali Suklameha chikitsa
Chitrakaasavam	■ Leucoderma, skin diseases, anemia etc.	■ 15-30 ml twice or thrice daily.	■ Ashtangahrudayam Switra chikitsa
Dantiarishtam	■ Constipation, ascites etc. Mild laxative.	■ 15-30 ml twice daily	■ Ashtangahrudayam Arshas chikitsa
Dashamoola- arishtam	■ This is a divine medicine which increase ojas, seminal and general strength. Indicated in gas troubles, hiccough, cough sprains, urinary disorders calculus, gravels and strained micturition etc.	■ 15-30 ml twice daily.	■ Bhaishajiaratnaavali Vajeekaranaa- dhikaram.

Dashamoolajeera-kadiarishtam	■ This is a combination of yogas of both Dashamool-arishtam and Jeerakarishhtam and can be used as a general health tonic.	■ 15-30 ml twice daily.	
Dhaanuantara-arishtam	■ Disease of puerperium and postnatal care.	■ 10-30 ml, twice daily.	■ Ashtangahrudayam Garbhaviapachikitsa
Draakshaarishtam	■ Anaemia, general weakness, pandu, grahani etc.	■ 15-30 ml twice daily.	■ Shaarnagadhara-samhita Asavarishtavidhi
Duraalabhaa-arishtam	■ Piles, constipation, indigestion etc.	■ 15-30 ml, twice daily before meals.	■ Ashtangahrudayam Arshas chikitsa
Jeerakaarishtam	■ Puerperal diseases, asthma, consumption, loss of voice, hiccough etc.	■ 15-30 ml twice daily.	■ Bhaishajiaratnaavali Sootika rogam
Kanakaasavam	■ Asthma, cough, chronic fever, raktapitta etc.	■ 15-30 ml twice daily before meals.	■ Bhaishajiaratnaavali Hikkaswasa chikitsa
Khadiraarishtam	■ Skin diseases, leprosy, heart diseases, anaemia, gulma, worms etc.	■ 15-30 ml twice daily before food.	■ Bhaishajiaratnaavali Kushta chikitsa
Kumaariasavam	■ Menstrual complaints, uterine tonic.	■ 10-30 ml, twice daily.	■ Sahasrayogam
Kutajaarishtam	■ Dysentery, haemorrhoids, grahani, chronic fever etc.	■ 15-30 ml, twice daily after food.	■ Bhaishajiaratnaavali Atisara chikitsa
Lakshmanaarishhtam	■ Menstrual disorders, Vaginal discharge etc.	■ 15-30 ml twice or thrice daily.	■ Bhaishajiaratnaavali Pradharachikitsa
Lodhraasavam	■ Diabetes, piles, skin troubles, anorexia, worms, anaemia, grahani etc.	■ 15-30 ml, twice daily after food.	■ Ashtangahrudayam Prameha chikitsa
Lohaasavam	■ Anaemia, dropsy, splenic disorders, diabetes, gulma, asthma, fistula etc.	■ 15-30 ml twice or thrice daily after food.	■ Bhaishajiaratnaavali Jwara chikitsa
Madhookaasavam	■ Grahani, mandaagni etc.	■ 15-30 ml twice daily.	■ Ashtangahrudayam Grahani chikitsa
Mustaarishtam	■ Grahani, poor digestion, diarrhoea, anorexia etc.	■ 15-30 ml twice daily.	■ Bhaishajiaratnaavali Agnimandya chikitsa
Nimbaamri-taasavam	■ Vata ailments, bone degeneration, Vata Raktham etc.	■ 15-30 ml, twice daily.	■ Ashtangahrudayam Vatavyadhi chikitsa

Mustaadi Tailam	■ Headache.	■ Apply on head.	■ Patent
Paarantiaadi Coconut Oil	■ Viper and cobra poisoning, ulcers, skin ailments etc.	■ External application.	■ Patent
Panchamoolaadi Yamakam	■ Hemicrania, sooriavarta etc.	■ Apply on head.	■ Ashtangasamgraham Siroroga pratishedham
Prapaundareekaadi Coconut Oil	■ Premature grey hair, head ache, insomnia etc.	■ Apply on head.	■ Ashtangahrudayam Siroroga pratishedham
Sinduvaarairandam	■ Back pain. Slight laxative.	■ Both internally and externally.	■ Patent
Tulaseetailam	■ Jatroordhwa rogas, sinusitis, head ache, catarrh, rhinitis etc.	■ Apply on head.	■ Patent
Unduru Tailam	■ Gudabramsam, uterine prolapse etc.	■ External, internal and for Pichudharanam.	■ Ashtangahrudayam Atisaara chikitsa
Vilwamkaaraska-raadi Oil	■ Head ache, insomnia, catarrh etc.	■ Apply on head.	■ Patent
GULIKAS			
PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Kaanchanara-gulgulu	■ Galagandham, Apachi, Vranam etc.	■ 1-2 twice daily with suitable kashayams or arishtas.	■ Bhaishajiaratnavali Galagandachikitsa
Khadira Gulika	■ Dental diseases.	■ 1-2 pill rubbed in honey and paste over the tooth or gum. Spit out the saliva.	■ Ashtangahrudayam Mukharoga Pratishedham
Mukkaadi Gulika	■ Fevers especially in jeerna jwaram and sannipaata jwaram, diseases of sootika, cough, asthma etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
Shadhharanam Gulika	■ Aamavatam, vaatashonitam, skin ailments, piles, diabetes, Flatulence, intestinal worms, numbness, pain, sprain, oedema etc.	■ 1-2 twice or thrice daily.	■ Ashtangasamgraham Kushta chikitsa
Swapnasudha Tablet	■ Hypertension, insomnia etc.	■ 1-2 in milk or hot water at night.	■ Patent
Vachaadi Gulika	■ Jihwaa stambham, arditam etc.	■ 1-2 twice or thrice daily	■ Patent
Valmeekavati	■ Asthma and productive cough.	■ Children: 1/2 pill along with honey; Adults: 1 pill powdered and mixed with honey or warm Water.	■ Patent

Shataavaree Vaajeekaranam	■ Spermatorrhoea, impotence etc. Rejuvenative.	■ 10-20 gms, early in the morning and at bedtime with milk.	■ Ashtangahrudayam Vaajeekaranaadhi-kaaram.
Shwaaseejeevanam Leham	■ Cough, asthma, consumption etc.	■ 5-10 gms, to be taken at intervals.	■ Patent.
Thaaleesapatradi Leham	■ Asthma, cough, rhinitis etc.	■ 5-10 gms. to be taken at intervals.	■ Sahasrayogam
Thaamboola Leham	■ Whooping cough, asthma, vomiting, breath constraint.	■ 1-2 gms, to be taken at intervals. Children : 100 mg in honey.	■ Patent
Thenginpookulaadi Gudam	■ Back ache, consumption, leucorrhoea etc. This is taken generally by all women after delivery.	■ 10-20 gms, early morning or bed time	■ Patent

TAILAS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Amrutakiranam Oil	■ Headache, common cold and chronic catarrh.	■ Apply on head.	■ Patent
Chuvanna Kuzhumbu	■ Nail disease.	■ External application only	■ Arogyakalpadrumam Nagha vrana chikitsa
Dashapushpa Tailam	■ Insanity, demoniacs, epilepsy, lunacy in children.	■ Apply on head.	■ Patent
Dadrunasini Tailam	■ Skin ailments, dadru etc.	■ External application.	■ Patent
Devadaaru Tailam	■ Productive cough, tonsillitis etc.	■ Apply on head.	■ Patent.
Dineshavalaiadi Oil & Coconut Oil	■ Skin diseases like itches, scabies, and discoloration.	■ External application	■ Sahasrayogam
Erandasheegruaadi Oil	■ Ear diseases of Vata origin, ear discharge, ear ache etc.	■ Nasya karma, Karnapoorana and external application. 5-10 drops.	■ Ashtangahrudayam Karnaroga Pratishedham
Ilakuzhampu	■ Skin ailments, itches, wounds etc.	■ External application.	■ Patent.
Kaaraskaraadi Oil	■ Head ache, insomnia, catarrh.	■ Apply on head.	■ Patent.
Khajita Pindatailam	■ Gout, Arthritis etc.	■ External Application	■ Ashtangahrudayam Raktha chikitsa
Laseekaamrutam	■ Skin ailments, itching, burning sensation etc.	■ External application.	■ Ashtangahrudayam Kushta chikitsa.
Kuntalakaanthi Oil	■ Nourishes the hair, Hair falling, Cooling etc.	■ Apply on head	■ Patent
Marichaadi Tailam	■ Nasal polyp.	■ Nasyam and apply on head.	■ Patent

Paarthaarishtam	■ Heart diseases, anaemia etc.	■ 15-30 ml twice daily.	■ Bhaishajjaratnaavali Hridroga chikitsa
Patolarishtam	■ Itches, fever, vomiting and loss of appetite. Specially indicated in skin diseases due to any poison.	■ 15-30 ml twice daily.	■ Ashtangahrudayam Shodhanaadi ganam
Pippaliaasavam	■ Indigestion, anaemia, grahani and splenic diseases.	■ 15-30 ml twice daily after food.	■ Sarngadhara samhita. Asavarishtavidhi
Pooteekaasavam	■ Piles, gulma, distended stomach, constipation etc.	■ 15-30 ml twice daily.	■ Ashtangahrudayam Arshas chikitsa
Pooteekaranja-asavam	■ Piles and associated symptoms, gulma, distended stomach, constipation, strained micturition and calculus.	■ 15-30 ml twice daily.	■ Ashtangahrudayam Arsas chikitsa
Punarnavaasavam	■ Dropsy, anaemia etc.	■ 15-30 ml twice daily.	■ Bhaishajjaratnaavali Shobha chikitsa
Saaraswataarishtam	■ Epilepsy, insanity and speech disability. Excellent to promote intelligence.	■ 5-10 ml twice daily.	■ Bhaishajjaratnaavali Rasayanaadhikaram
Shaaribaadi-aasavam	■ Diabetes and diabetic abscesses.	■ 15-30 ml twice daily.	■ Bhaishajjaratnaavali
Usheerasavam	■ Anaemia, Skin diseases, diabetes, worms, Piles etc.	■ 10-30 ml thrice daily before food.	■ Bhaisajjaratnavali Rakthapitha chikitsa
Vaashaarishtam	■ Cough, raktapittam and kapha diseases etc.	■ 10-15 ml at regular intervals.	■ Sahasrayogam
Varanaadiarishtam	■ Head-ache, kapha diseases etc.	■ 15-30 ml twice daily before food.	■ Ashtanga hrudayam Shodhanaadi ganam

BHASMAS, KSHAARAS & RASAKRIYAS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Hreeberakshaaram	■ Shwitrām.	■ External application with suitable oils like Akshatailam.	■ Ashtangahrudayam Switra chikitsa
Ilaneerkuzhampu	■ Pterigiums, cataract, corneal ulcers, inflammations, night blindness and pittaja netrarogas.	■ 1 to 4 drops.	■ Sahasrayogam

Kaliaanakshaaram	■ Udawarta, piles, gulma, anaemia, ascitis, urinary obstruction, calculus etc.	■ 2-5 gms mixed with ghee.	■ Ashtangahrudayam Arsas chikitsa
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POWDERS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Ashtachooranam	■ Vatagulma, stomach ache, indigestion, grahani, loss of appetite etc.	■ 2-5 gms with ghee before meals.	■ Ashtangahrudayam Gulma chikitsa
Avalgubabeejaadi Chooranam	■ Switram. Intake of Medicine is strictly prohibited.	■ Apply externally by making it a paste in cow's urine or coconut oil.	■ Ashtangahrudayam Switra chikitsa
Avipatti Chooranam	■ Purgative in Pitta based ailments and toxic conditions.	■ 5-15 gms early in the morning or at bed time.	■ Ashtangahrudayam Virechana kalpam
Chooranarajan	■ Indigestion, colic and in Vatakapaha ailments.	■ 5-10 gms in boiled water or butter milk.	■ Sahasrayogam
Daadimaashtaka Chooranam	■ Grahani, dysentery, indigestion etc.	■ 5-10 gms with honey or butter milk before food.	■ Ashtangahrudayam Atisara chikitsa
Elaadichooranam (Gandhachooranam)	■ Vata & Kapha based diseases, itches, scabies, pruritis, toxic conditions etc.	■ External application with suitable oils or water.	■ Ashtangahrudayam Shodhanadi ganam
Gruhadhoomaadi Lepachooranam	■ Pain and oedema of Vatarakta.	■ Apply externally after making a paste with boiled butter milk or Dhaaniamlam.	■ Ashtangahrudayam Vatarakta chikitsa
Gulgulupanchapala Chooranam	■ Anal and other fistula, skin diseases, wounds etc.	■ 2-5 gms to be taken with honey or ghee like Gulgulutiktakam.	■ Ashtangahrudayam Bhagandara-pradishedham
Haridraakhandam	■ Allergic diseases, rhinitis, vicharchika, itching, kodham and Kapha ailments etc.	■ 5-10 gms twice daily.	■ Bhaishajiaratnaavali Seetapitta udarda-chikitsa
Hinguvachaadi Chooranam	■ Gulma, intestinal and urinary obstructions, dyspepsia, diarrhoea, hydrocele, piles, asthma, cough etc.	■ 5-10 gms.	■ Ashtangahrudayam Gulma chikitsa
Hutabhugadi Chooranam	■ Laxative. Piles and related pallor, oedema, indigestion etc.	■ 5-10 gms twice a day in buttermilk.	■ Sahasrayogam
Induppukaana Chooranam	■ Improves digestion and helps bowel movements.	■ 5-10 gms in hot water or butter milk.	■ Sahasrayogam.

Chitrakaadi Kashayam	■ Aamavata, back pain, joint pain, vata ailments etc.	■ 10-15 ml with three times lukewarm water twice daily.	■ Susruta samhita Vata chikitsa
Chandanaadi Kashayam	■ Masthishkasosham	■ 15 ml with 45 ml lukewarm water twice daily.	■ Bhaishajiaratnavali Masthishka vikaram
Gayatriaadi Kashayam	■ Diabetes	■ 15 ml with 45 ml lukewarm water twice daily.	■ Ashtangahrudayam Pramehachikitsa
Hamsapaadiaadi Kashayam	■ Galakandam	■ 15 ml with 45 ml lukewarm water twice daily.	■ Bhavaprakasam
Kanaashataahwaadi Kashayam	■ Rakthagulmam	■ 15 ml with 45 ml lukewarm water twice daily.	■ Sahasrayogam
Kaalashaakaadi Kashayam	■ Vishoochika, thirst, aama jwaram etc.	■ 10-15 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Kalyaanakam Kashayam	■ Epilepsy, Lunacy, Anaemia, Poison etc.	■ 15-20 ml with three times luke warm water twice daily.	■ Sahasrayogam
Neeleetusiaadi Kashayam	■ Loota visham, skin ailments etc.	■ 10-15 ml with three times luke warm water twice daily.	■ Patent
Panchathikthakam Kashayam	■ Fever, Back pain, Joint Pain etc.	■ 15 ml with 45 ml lukewarm water twice daily.	■ Bhaishajiaratnavali Jwarachikitsa
Rasnashundiaadi Kashayam	■ Fever, Back pain, Joint Pain etc.	■ 15 ml with 45 ml lukewarm water twice daily.	■ Sahasrayogam
Trinapanchamoolam Kashayam	■ Urinary obstructions, dropsy etc.	■ 10-15 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Mutraaghata chikitsa

LEHAS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Elaajamoja-rasaayanam	■ Consumption, gulma, anaemia, fistula, primary complex etc.	■ 10-20 gms.	■ Ashtangahrudayam Raajayakshma chikitsa
Hrudivirechanam	■ Palatable purgative.	■ 5-15 gms.	■ Ashtangahrudayam Virechana kalpam
Panchajeeraka Gudam	■ Yonirogas, consumption, anaemia etc. This is taken generally by all women after delivery.	■ 10-20 gms.	■ Sahasrayogam
Rituranjini Leham	■ Regulates menstrual disorders, menstrual pain and impotence.	■ 10-20 gms, early morning in empty stomach or at bedtime.	■ Patent

Guloochipatraadi Choornam	■ Pain and Oedema of Raktavata.	■ External application with milk and ghees.	■ Patent
Kaalaka Choornam	■ Stomatitis, tooth ache.	■ Gargling.	■ Ashtangahrudayam Mukharoga-pradishedham
Naagaraadi Choornam	■ Swelling	■ External application with suitable medium or Dhaaniamlam	■ Sahasrayogam
Raktachandana Choornam	■ Viangam.	■ External application with milk or hot water.	■ Ashtangahrudayam Mukharoga pradishedham
SNA - Dantadhaavanachoornam	■ Gingivitis, bad breath, sensitive tooth etc.	■ 5 gms to be used as tooth powder twice daily.	■ Patent
SNA Mukhakaanthi-choornam	■ Pimples, black patches etc. to improve the luster of the skin.	■ 10 gms to be applied with milk.	■ Patent
Sukhavirechana Choornam	■ Laxative.	■ 3-5 gms mixed in hot water or milk.	■ Ashtanga samgraham
Shataahwadi Choornam	■ Rheumatic Complaints	■ Rub the Poultice on affected area after heating with Dhanyaamlam or Butter milk.	■ Patent
Vidaariaadi Choornam	■ Improves Strength, nourishes the body	■ 5-10 gms twice daily	■ Patent
Yavaaniaadi choornam	■ Loss of appetite, cough, grahani, catches, piles etc.	■ 2-5 gms in honey or buttermilk.	■ Ashtangahrudayam Grahani chikitsa.

GHRUTAM

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Jeevanthiaadi Ghrutam	■ Ophthalmic diseases, especially catarract	■ 5-10 gms	■ Ashtangahrudayam
Pathyaapaada Ghrutam	■ Pitta gulma, stomach ache, indigestion, constipation etc.	■ 5-10 gms.	■ Ashtangahrudayam Gulma chikitsa

KASHAYAMS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Amrutavrisha Patolaadi Kashayam	■ Visarpam, skin ailments, itching, visphotam etc.	■ 10-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Balaakulathaadi Kashayam	■ Rheumatic complaints especially in numbness, pain etc.	■ 15 ml with 45 ml lukewarm water twice daily.	■ Arogyakalpadrumam
Balaasaireyakaadi Kashayam	■ Rheumatic complaints especially in hemiplegia	■ 15 ml with 45 ml lukewarm water twice daily.	■ Arogyakalpadrumam

Jataamayaadi Choornam	■ Vaataakarta, burning sensation and oedema in rheumatic diseases etc.	■ Apply externally cooked in butter milk or Dhaaniamlam.	■ Sahasrayogam
Kachoorraadi Choornam	■ Head-ache, burning sensation, giddiness, mental confusion etc. Gives sound sleep.	■ Paste over the forehead with breast milk or suitable medicated oils or ghees.	■ Sahasrayogam
Karpooaraadi Choornam	■ Cough, consumption, indigestion, loss of appetite etc.	■ 5-10 gms a day in honey, or in small doses at frequent intervals.	■ Sahasrayogam
Kolakulathaadi Choornam	■ For making poultice for Sweda karma in Vata based ailments, rheumatism etc.	■ Rub the poultice on affected part after cooking with Dhaaniamlam or buttermilk.	■ Ashtangasamgraham Vatavyadhi chikitsa
Kottamchukkaadi Choornam	■ Vata ailments, rheumatism etc.	■ External application after cooking with Dhaaniamlam.	■ Sahasrayogam
Lodhraadi Choornam	■ Lootaavisham.	■ Both internal and external applications.	■ Ashtangahrudayam Lootaavisha pratishedham
Nimbaadi Choornam	■ Skin troubles, itching especially on testicles, in the groins and armpits.	■ Mix in sour buttermilk and apply or rub over the affected parts.	■ Ashtangahrudayam Kushta chikitsa
Panchakola Choornam	■ Indigestion, cough, asthma, rhinitis and grahani.	■ 2-5 gms in buttermilk, hot water or honey.	■ Ashtangahrudayam
Pulinkuzhampu Choornam	■ Menstrual disorders, use in Soothikacharya.	■ 5-10 gms with butter milk twice daily.	■ Sahasrayogam
Pushiaanuga Choornam	■ Leucorrhoea, diarrhoea, bleeding piles, yonirogas, raktapitta etc.	■ 5-10 gms to be taken with kanjikam or honey.	■ Ashtangahrudayam Guhyaroga chikitsa
Raasnaadi Choornam	■ Catarrh, fever, heaviness and headache.	■ Apply over the forehead after mixing with breast milk or Castor oil.	■ Sahasrayogam
Rajaniaadi Choornam	■ Indigestion, diarrhoea, anaemia, cough and all child disorders.	■ 1-3 gms in honey or ghee.	■ Ashtangahrudayam Baalamaya pratishedham
Saraswata choornam	■ Improves Speech, Memory, Intelligence.	■ 5-10 gms twice daily	■ Sahasrayogam

Sarasija makarandaadi Chooram	■ Uterine bleeding.	■ 5 gms thrice daily with honey.	■ Sahasrayogam
Shadharana Chooram	■ Vataraktam, skin diseases, piles, flatulence, diabetes etc. It gives remarkable relief in numbness, pain, sprain and oedema.	■ 5-10 gms in hot water or boiled buttermilk.	■ Ashtangasamgraham Kushta chikitsa
Taaleesapatraadi Chooram	■ Indigestion, loss of appetite, asthma, cough, side and chest aches, anaemia etc.	■ 5-10 gms daily to be taken at frequent intervals.	■ Ashtangahrudayam Rajayakshma chikitsa
Taaleesapatra Sitaavatakam	■ Vomiting related to Vatakapha, grahami, chest pain, fever, stomach ache, cold, cough, asthma etc.	■ 5-20 gm to be taken at intervals.	■ Ashtangahrudayam Grahami chikitsa
Triphalaadi Chooram	■ Ophthalmic diseases.	■ 5-10 gms in honey or medicated ghees.	■ Ashtangahrudayam Timira pradishedham
Twagelaadi Chooram	■ Cough, dyspnoea, pain on flanks, rajayakshma, kapha ailments.	■ 5-15 gms to be taken with honey or ghee.	■ Ashtangahrudayam Rajayakshma chikitsa
Upanaha chooram	■ Vata ailments	■ Making Poultice for Swedakarma	■ Ashtangahrudayam, Swedavidhi
Vaishwaanara Chooram	■ Dyspepsia, indigestion, loss of appetite, gulma, constipation etc.	■ 5-10 gms with hot water or butter milk twice daily.	■ Ashtangahrudayam Gulma chikitsa
Vilangaadi Chooram	■ Obesity.	■ 5-10 gms with hot water.	■ Sahasrayogam
Vilangatandulaadi Chooram	■ Gulma, ascitis, anaemia etc. Laxative for Kaphavata ailments.	■ 5-10 gms with honey or ghee.	■ Ashtangahrudayam Virechana kalpam
Vioshaadi Vatakam	■ Cold, cough, rhinitis, dyspnoea, loss of appetite, kapha ailments etc.	■ 5-10 gm to be taken at frequent intervals.	■ Ashtangahrudayam Naasaroga- pratishedham
Yogaraajachooram	■ Fistula, piles, vatagulma, anaemia, dyspepsia, beejadosha etc.	■ 5-10 gms in honey.	■ Sahasrayogam

SPECIAL MEDICINES

ASAVAS & ARISHTAS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Deepiakaravam	■ Indigestion, dyspepsia, sprue, gastric complaints etc.	■ 5-10 ml twice or thrice daily.	■ Patent As per tradition
Dhaaniaamlam	■ Vata ailments with burning sensation, oedema etc.	■ 25-100 ml to Dhaara.	■ Sahasrayogam.
Kokilaaksharasam	■ Raktavaatha, oedema etc.	■ 15-30 ml, twice daily after food.	■ Ashtangahrudayam
Moolakaasavam	■ Skin diseases of children, eczema, scabies, boils, inflammation etc.	■ 15-20 ml, twice or thrice daily.	■ Patent
Roheetakaasavam	■ Spleen enlargement, anaemia and ascitis etc.	■ 15-20 ml twice daily.	■ Ashtangahrudayam Udararoga chikitsa
Saptachchadaravam	■ Hiccough and asthma.	■ 5-10 ml, twice daily.	■ Ashtangahrudayam
Sudarshanaa- rishtam	■ Fever, anaemia, skin diseases, diabetes, worms, piles etc.	■ 10-30 ml thrice daily before food.	■ Shaarnagadhara samhitha

BHASMAS

Indralupta Mashi	■ Indraluptam.	■ Should be applied externally by mixing with oil.	■ Patent
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CHOORNAM

Aswagandhadi Chooram	■ Infertility, oligospermia and consumption.	■ One teaspoon with milk, twice daily before meals.	■ Patent
Daadeemaadi Chooram	■ Hridrokam, apatandrakam etc.	■ 5-10 gms with hot water or butter milk.	■ Ashtangahrudayam Vataviadhi chikitsa
Dhaatreenishaadi Chooram	■ Diabetes.	■ One teaspoon twice daily.	■ Ashtangahrudayam Prameha chikitsa.
Dwiruttara Chooram	■ Stomach-ache, ascitis, gas trouble, piles, heart disease, gulma etc.	■ 5-10 gms with hot water.	■ Ashtanga samgraham Matraseetiyam
Gokshura Chooram	■ Mootrakrichram.	■ One teaspoon with hot water.	■ Ashtanga samgraham
Gruhadhoomaadi Udwartana- chooram	■ Rheumatism, numbness, pain.	■ For udwarthanam with Dhaaniaamlam or Tailam.	■ Patent

Kaishoragulgulu	■ Skin ailments, wounds, gulma, vatashonitam, prameha pitakas, fistula etc.	■ 1-2 twice or thrice daily.	■ Shaarnghadhara samhita Vaatarakta chikitsa
Karutta Gulika	■ Headache. It is also referred as Sirrastoda gulika.	■ External application only. A pill rubbed into ghee, milk, breast milk or suitable Aavarttees and applied over the crown and forehead.	■ Sahasrayogam
Kastooriaadi (Vayu Gulika)	■ Asthma, cough, hiccough, sprain, breathing constraint, convulsions, epilepsy etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
Kompanchaadi	■ Children's fever, asthma, convulsions etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
Kutajaphaanitam	■ Bleeding piles, rakta pittam, diarrhoea etc.	■ 1-2 pill with milk twice daily.	■ Ashtangahrudayam Arsas chikitsa
Maanasamitram	■ Lunacy, convulsions, epilepsy etc.	■ 1-2 pill in milk twice daily.	■ Sahasrayogam
Mandooravatakam	■ Anaemia.	■ 1-2 pill in butter milk twice or thrice daily.	■ Ashtangahrudayam Paandu chikitsa
Marmagulika	■ Marmavikaras	■ 1-2 twice or twice daily. Use with Ghee or honey and apply only externally. Not for internal use.	■ Sahasrayogam
Navaayasam	■ Anaemia, dropsy, jaundice etc.	■ 1-2 pill in butter milk twice or thrice daily.	■ Ashtangahrudayam Paandu chikitsa
Navagulgulu	■ Obesity, amavatam, anaemia, oedema etc.	■ 1-2 twice or thrice daily.	■ Ashtangahrudayam Vaataviadhi chikitsa
Shwaasaanandam	■ Cough, asthma, hiccough, breathing discomfort etc.	■ 1 tablet twice daily with milk.	■ Sahasrayogam
Sooriaprabha	■ Fevers, cough, asthma etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
Vettumaaran	■ Intermittent fever, asthma, vomiting, mootraaghaadam, abdominal pain, gulma etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
Vilwaadi	■ Poisons of cobra, spider, rat, and scorpion, diarrhoea, fever, grahani etc.	■ 1-2 twice or thrice daily.	■ Ashtangahrudayam Visha pratishedham
Yogaraajagulgulu	■ Aamavaatam, intestinal worms, skin ailments, gulma, piles etc.	■ 1-2 twice or thrice daily.	■ Shaarnghadhara samhitha Vata chikitsa.

GHRUTAM			
PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Aaragwadhamahaa-tiktaka Ghurutam	■ Skin diseases, switram etc.	■ 5-10 gms in honey.	■ Sahasrayogam
Amrutapraasham	■ Impotency, kshatajakasam, shosham etc. For women after delivery this is an unavoidable medicine to gain strength.	■ 5 to 20 gms may be taken either before breakfast or after supper followed by milk.	■ Ashtangahrudayam Kasa chikitsa
Ashokaghrutham	■ Back pain, Cough, Asthama, Metroharrhagia, improves health, Cough etc.	■ 10-20 gms. after supper	■ Bhaishajyaratnavali Pradharachikitsa
Brahmee Ghurutam	■ Insanity, epilepsy and dullness of the brain. Improves memory.	■ 10-20 gm.	■ Ashtangahrudayam Unmada pratishedhaam
Daadeemaadi Ghurutam	■ Anemia, indigestion, and for easy child-bearing and delivery.	■ 10-20 gms. at bed time	■ Ashtangahrudayam Paandu chikitsa
Dhaatriaadi Ghurutam	■ Leucorrhoea, menstrual bleeding etc.	■ 10-20 gm	■ Sahasrayogam
Doorvaa Ghurutam	■ Visarpa, non-suppurative ulcers etc.	■ 10-20 gms. Both externally and internally.	■ Sahasrayogam
Gulgulutiktaka Ghurutam	■ Skin ailments, vaatasonita etc.	■ 10-20 gms	■ Ashtangahrudayam Vatavyadhi chikitsa
Hapushaadi Ghurutam	■ Vaatagulma, pain in the flanks and chest, udara, piles etc.	■ 10-20 gms	■ Ashtangahrudayam Gulma chikitsa
Indukaanta Ghurutam	■ Vata rogas, kshaya, stomach ache, jeernajwara, vishamajwara, shophya etc.	■ 10-20 gms	■ Sahasrayogam
Jaatiaadi Ghurutam	■ Wounds.	■ For lepana and dhara.	■ Ashtangahrudayam Vrana pratishedham
Kaliaanaka Ghurutam	■ Epilepsy, lunacy, anaemia, poisons etc.	■ 10-20 gms before meals.	■ Ashtangahrudayam Unmada pratishedham.
Mahaabhootaraava Ghurutam	■ Demoniacs, epilepsy, hysteria, insanity etc.	■ 5-20 gms Internally and for Nasyakarma.	■ Ashtangahrudayam Bhoota pratishedham
Mahaakaliaanaka Ghurutam	■ Epilepsy, lunacy, anaemia, Poisons etc.	■ 10-20 gms before food.	■ Ashtangahrudayam Unmada pratishedham

Mahaaraasnaadi Ghrutam	■ Vata rogas, convulsions, pain in the groins and vaginal tract etc.	■ 10-20 gms.	■ Ashtangahrudayam Kasa chikitsa
Mahaasneham	■ Vata ailments particularly in apatantraka, apatanaka etc.	■ 10-20 gms internally and for Snehana, Swedana and Nasyakarma.	■ Ashtangahrudayam Vataviadhi chikitsa.
Mahaatiktaka Ghrutam	■ Skin diseases, wounds, Visarpa, nadvirana, apachi, fistula etc.	■ 10-20 gm in empty stomach.	■ Ashtangahrudayam Kushta chikitsa
Mahalpanchagavia Ghrutam	■ Epilepsy, insanity, demoniacs etc.	■ 10-20 gms.	■ Ashtangahrudayam Apasmaara Pratishedham.
Mishrakasneham	■ Purgative in gulma.	■ 5 drops to 1 tsp.	■ Ashtangahrudayam Gulma chikitsa
Naarasimha Rasaayanam	■ Exhaustion, pitta ailments and body wasting. Good aphrodisiac, dhaatu vardhaka and a well known rejuvenative recipe.	■ 10-20 gms to be followed by milk.	■ Ashtangahrudayam Rasaayanaadhi-kaaram
Panchagavia Ghrutam	■ Epilepsy, insanity, demoniacs, sterility etc.	■ 10-20 gms.	■ Ashtangahrudayam Apasmaara Pratishedham
Phalasarpiss	■ Gynecological disorders, sterility etc.	■ 10-20 gms.	■ Ashtangahrudayam Guhyaroga Pratishedham
Raasnaadi Ghrutam	■ Vata ailments, cough etc.	■ 10-20 gms.	■ Ashtangahrudayam Vatavyadhi chikitsa
Rasaghrutam	■ Epileptic convulsions, apatandraka etc.	■ 10-20 gms.	■ Ashtangahrudayam Vatavyadhi chikitsa
Saaraswata Ghrutam	■ Confers good speech, intelligence, memory and digestive capacity.	■ 10-20 gms.	■ Ashtangahrudayam Baalopacharaneeyam
Shalpala Ghrutam	■ Consumption, gulma, anaemia, nasal catarrh, dyspnoea, cough, Weak digestion, dropsy etc.	■ 10-20 gms.	■ Ashtangahrudayam Rajayakshma chikitsa
Shataavaree Ghrutam	■ Yoni rogas, raktapitta, cough, raktavata, visarpa, epilepsy etc.	■ 10-20 gms.	■ Ashtangahrudayam Guhyaroga Pratishedham
Sukhaprasooti Ghrutam	■ This prevents delay, obstructions and unbearable pain in delivery and makes the process easy.	■ 10-20 gms, in empty stomach or along with breakfast from seventh or eighth month till delivery according to the digestive capacity.	■ Sahasrayogam

Vachaalashuna Tailam	■ Otorrhea, ear diseases etc.	■ Apply to the head and for Karnapooranam.	■ Sahasrayogam
Vajraka Tailam	■ Skin ailments, dushta vranam, nadi vranam etc.	■ External application.	■ Ashtangahrudayam Kushta chikitsa.
Valiya Chandanaadi Oil	■ Insomnia, head ache, burning sensation etc.	■ Apply to the head.	■ Sahasrayogam
Vidaariaadi Yamakam	■ Dhatuksayaja vata ailments, sprain, pain etc.	■ Apply on head and body.	■ Ashtangahrudayam Shodhanadi ganam
Vilwampaa-chottiaadi Oil	■ Diseases of head, gives cooling effect to head and eyes.	■ Apply to the head.	■ Sahasrayogam

PILLS			
PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Chandraprabha	■ Diabetes, urinary disorders, calculus, menstrual irregularities, fistula etc.	■ 1-2 twice or thrice daily.	■ Baishajiaratnaavali Premeha chikitsa
Chukkumtippaliaadi	■ Jeerna jwaram, sannipaata jwaram etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
Dashaamgam	■ All types of insect bite poisons.	■ Both externally and internally. 1-2 twice or thrice daily.	■ Ashtangahrudayam Keetalootaadi pratishedham
Dhaanuantaram	■ Asthma, cough, vomiting, hiccough, consumption etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
Doosheevishaari	■ For internal detoxification	■ 1-2 twice or thrice daily.	■ Ashtangahrudayam Visha pratishedham
Gopechandanaadi	■ Children's ailments, fever, asthma, cough, grahani, convulsions etc.	■ 1-2 twice or thrice daily in honey, or breast milk.	■ Sahasrayogam
Gorochanaadi	■ Sannipata jwaram, asthma, cough, vomiting, arditam etc.	■ 1-2 twice or thrice daily.	■ Sahasrayogam
Grahaniantakam	■ For grahani and other Intestinal disorders.	■ 1-2 twice or thrice daily.	■ Patent
Hinguvachaadi	■ Gulma, intestinal and urinary obstructions, dyspepsia, diarrhoea, hydrocele, piles, asthma, cough etc.	■ 1-2 twice or thrice daily.	■ Ashtangahrudayam Gulma chikitsa
Kankayanam Gulika	■ Piles, constipation etc.	■ 1 2 twice daily and suitable kashayam or arishta.	■ Sahasrayogam

Nishosheeraadi Oil & Coconut Oil	■ Diabetic carbuncle.	■ External application.	■ Sahasrayogam
Panchasneham	■ Rheumatic complaints especially in fracture, body wasting etc.	■ External application	■ Sahasrayogam
Parinatakeriaadi Tailam	■ Apabahukam.	■ External application.	■ Sahasrayogam
Patolaadi Coconut Oil	■ Skin ailments, wounds etc.	■ External application.	■ Ashtanga hrudayam Shodhanadi ganam
Pinda Tailam	■ Vatasonita and allied burning, swelling, and redness.	■ External application and for Dhara.	■ Ashtangahrudayam Vaatasonita chikitsa
Pippaliaadi Anuaasana Tailam	■ Udavartam, piles, constipation etc.	■ For Vasti.	■ Ashtangahrudayam Arsas chikitsa
Prabhanjanam Tailam & Kuzhampu	■ Sarvanga vata, arditā, numbness, neuralgia, sciatica etc.	■ External application.	■ Sahasrayogam
Prasaarinee Tailam	■ All vata ailments.	■ Externally and for Nasya karma.	■ Ashtangahrudayam Vataviadhi chikitsa
Raasnaadi Oil	■ Vata ailments, particularly in facial paralysis.	■ Externally, internally and for Sirovasti.	■ Sahasrayogam.
Sahacharaadi Oil & Kuzhambu	■ Vata ailments especially of the lower extremities, varicose veins etc.	■ Apply on body.	■ Ashtangahrudayam Vataviadhi chikitsa
Sahacharaadi Repetitions (3 & 7)	■ Same as sahacharaadi oil with higher potency. The more number of repetitions efficacy will be higher. Prepared in 3 and 7 repetitions.	■ Good for intake with milk or in kashayas. Five drops to one teaspoon.	■ Ashtangahrudayam Vataviadhi chikitsa
Shudhabala Oil	■ Vata ailments, insomnia etc.	■ External application.	■ Sahasrayogam
Shudhadorvaadi Coconut Oil	■ Skin ailments, pittavisarpa, burning sensation etc.	■ External application.	■ Patent
Sirovirechanam	■ Head ache, sinusitis, migraine, kapha ailments etc.	■ Nasya karma.	■ Ashtangahrudayam Shodhanadi ganam
Tekaraaja Tailam & Coconut Oil	■ Pratamaka swasam, asthma, cough etc.	■ Apply on head.	■ Sahasrayogam
Triphalaadi Oil & Coconut Oil	■ Ear and eye ailments, catarrh etc.	■ Apply on head.	■ Sahasrayogam
Tungadrumaadi Oil	■ Insomnia, keeps the head cool.	■ Apply on head.	■ Sahasrayogam
Vaatamardanam Kuzhampu	■ Vata ailments, sprain, numbness etc.	■ External application.	■ Patent

Sukumaara Ghrutam	■ Vatagulma, raktagulma, antravrudhi, piles, constipation etc. It do anulomana of Apana vayu in pregnant ladies and initiate easy delivery.	■ 10-20 gms.	■ Ashtangahrudayam Vidradhi Vrudhi chikitsa
Tiktaka Ghrutam	■ Pitta ailments, skin diseases, burning sensation, piles, nadvirana, apachi etc.	■ 10-20 gms.	■ Ashtangahrudayam Kushta chikitsa
Traiphala Ghrutam	■ Thimiram, eye diseases.	■ 5-10 gms at bed time.	■ Ashtangahrudayam Thimirachikitsa
Vajraka Ghrutam	■ Visarpam, jeernajwara, raktapitta, skin diseases etc.	■ 10-15 gms.	■ Ashtangahrudayam Kushta chikitsa
Varanaadi Ghrutam	■ Headache, indigestion, hydrocele, internal abscess, gulma etc.	■ 10-20 gms.	■ Ashtangahrudayam Shodhanaadi ganam
Vastiaamayaantaka Ghrutam	■ Urinary obstructions.	■ 10-20 gms.	■ Sahasrayogam
Veerataraadi Ghrutam	■ Painful micturation, calculus, urinary ailments etc.	■ 10-20 gms.	■ Ashtangahrudayam Shodhanaadi ganam
Vidaariaadi Ghrutam	■ Heart diseases, consumption, cough etc.	■ 10-20 gms.	■ Ashtangahrudayam Kasa chikitsa

KASHAYAMS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Aaragwadhaadi Kashayam	■ Skin diseases, itching, Diabetes, wounds etc. Mitigate Kapha dosa.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Shodhanaadi ganam
Aaragwadhaa-mrutaadi kashayam	■ Skin ailments, visarpa etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Amrutottaram Kashayam	■ Fevers, vatasonitam etc. Mild laxative.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Ardhaviilwam Kashayam	■ Dropsy, constipation etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Ashtavargam Kashayam	■ Vata ailments specifically in Nanatmaja types.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Balaaguloochiaadi Kashayam	■ Paittika Vatasonitam, burning sensation etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam

Balaajeerakaadi Kashayam	■ Cough and asthma.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Balaashataavariadi Kashayam	■ Vataraktams, burning sensation etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Vataviadichikitsa
Bhaarngiaadi Kashayam	■ Sannipaata jwaram, chest pain, cough, asthma, aanaham etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Bhadraarvaadi Kashayam	■ Vata ailments.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Shodhanaadi ganam
Bruhatiaadi Kashayam	■ Urinary disorders and calculus.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Mutraaghata chikitsa
Chiruvilwam Kashayam	■ Piles, constipation, fistula, gulma etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Dashamoolaka-tutrayam Kashayam	■ Asthma, cough, back ache, chest pain etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Dashamoolam Kashayam	■ Vata ailments, cough, asthma etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Annaswaroopavijnaneeyam
Dashamoolaraasnaadi Kashayam	■ This has the properties of Raasnaadi Kashayam and precisely indicated in Vata dominant cases with pain and oedema	■ 15-20 ml with three times lukewarm water twice daily.	■ Patent
Dhaanuantaram Kashayam	■ Vata ailments, hydrocele, gulma, strained micturation, vaginal ailments, consumption etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Garbhaviapat chikitsa
Dhanada Nayanaadi Kashayam	■ Vata ailments especially in facial paralysis and aakshepakam.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Draakshaadi Kashayam	■ Fever, alcoholism, vomiting, swooning, giddiness, thirst, jaundice, rakta pitta etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Jwara chikitsa
Dusparshakaadi Kashayam	■ Piles, anal ache, back ache etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Arsas chikitsa
Elaakanaadi Kashayam	■ Consumption, cough etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam

Laakshaadi Oil & Coconut Oil	■ Body-wasting and catarrh in children. It purifies the blood.	■ Apply on head and body.	■ Ashtangahrudayam Baalaamaya pratishedham
Maalatiadi Coconut Oil	■ Indraluptam, darunakam etc.	■ Apply on head	■ Ashtangahrudayam Siroroga pratishedham
Maasha Tailam	■ Emaciation, numbness, contraction etc.	■ External application.	■ Ashtangahrudayam Vaatasonita chikitsa
Madhukaadi Oil	■ Asthma, cough, insomnia etc.	■ Apply on head.	■ Patent
Madhuyashtiaadi Oil	■ Vaatasonitam, catarrh etc.	■ Apply on head and body.	■ Ashtangahrudayam Vaatasonita chikitsa
Mahaabalaa Tailam	■ Aavarana vata, heart diseases, vranaayaamam etc. Useful for women after delivery, and for those not conceiving.	■ 10-60 drops. Both internally and externally	■ Ashtangahrudayam Vaatasonita chikitsa
Mahaamaasha Tailam	■ Hemiplegia, facial paralysis, deafness, lockjaw, sciatica, apabaahukam etc.	■ External application	■ Sahasrayogam
Mahanarayana Tailam	■ Vata ailments, vatashonita etc.	■ Snehapaanam, Nasya karma and external application.	■ Bhaishajiaratnaavali Vaatavyaadhi Chikitsa
Murivenna	■ Cuts, wounds, fractures, dislocations etc.	■ External application.	■ Patent
Naalpaamaraadi Oil & Coconut Oil	■ Skin ailments, itches, visarpam, blood impurities etc.	■ Apply on head and body.	■ Sahasrayogam
Naaraayana Tailam	■ Vata ailments, vatashonita etc.	■ Snehapaanam, Nasya karma and external application.	■ Bhaishajiaratnaavali Vaatavyaadhi Chikitsa
Neelebhrunngaadi Oil & Coconut Oil	■ Reputed in growth of hair, gives comfort to head and eyes.	■ Apply on head.	■ Sahasrayogam
Neeledalaadi Coconut Oil	■ Spider poisoning, skin ailments, itches etc.	■ External application.	■ Prayoga samuchayam Ashtama parichedam
Nimbaamrutaadi Castor Oil	■ Laxative in rheumatic and skin ailments.	■ 5-10 ml internally.	■ Ashtangahrudayam Vataviadhi chikitsa As per tradition
Nimbaamrutaadi Oil	■ Catarrh.	■ Apply on head.	■ Ashtangahrudayam Vataviadhi chikitsa
Nirgundiaadi Coconut Oil	■ Tonsilitis, head ache, rhinitis, insomnia etc.	■ Apply on head.	■ Yogaratna samuchayam Siroroga pradishedham

Erandasukumaram	■ Piles, Ascites, Scrotal swelling, vaginal diseases, constipation etc.	■ 5-10 ml	■ Ashtangahrudayam
Gandharvahasta Tailam	■ Back ache, vata ailments etc. Mild laxative.	■ 5-20 ml internally.	■ Ashtamgasamgraham Vidradhi vridhi chikitsa
Hingutrigunam	■ Hydrocele, gulma, stomach aches etc. Laxative.	■ 5-20 ml internally.	■ Ashtangahrudayam Gulma chikitsa
Jaatiaadi Coconut Oil	■ Wounds and ulcers.	■ External application.	■ Ashtangahrudayam Sadiovrana pratishedham
Jeevantiaadi Yamakam	■ Cracks in feet, palms and lips, psoriasis etc.	■ External application.	■ Ashtangahrudayam Kushta chikitsa
Karpaasaasthiaadi Oil & Kuzhampu	■ Paralysis, facial palsy, apabahukam etc.	■ Apply on head and body. Kuzhambu is not used on the head.	■ Sahasrayogam
Kanjuniaadi Oil & Coconut Oil	■ Dandruff, headache, hair fall etc.	■ Apply on head.	■ Sahasrayogam
Karpooaraadi Oil	■ Rheumatic complaints like Pain, Numbness etc.	■ Apply on affected area	■ Patent
Ketakeemoolaadi Kuzhampu / Tailam	■ Astigatavaatam, vataraktam etc.	■ External application.	■ Sahasrayogam
Kottamchukkaadi Oil & Kuzhampu	■ Vata ailments, numbness, pain, oedema etc.	■ External application.	■ Sahasrayogam
Ksheerabala Tailam	■ Vata ailments, arditam, aayamam, hemiplegia, and other nervous disorders, head ache, sooriavartha, vaginal disorders, insomnia etc.	■ Apply on head and body.	■ Sahasrayogam
Ksheerabala Repetitions (3, 7, 14, 21, & 101)	■ Same as ksheerabala tailam with higher potency. The number of repetitions, efficacy will be higher. Prepared in 3,7,14, 21 and 101 repetitions.	■ Snehapaanam, Nasya karma, Vasthi and external application. 2 drops to one teaspoon.	■ Sahasrayogam.
Kumkumaadi Tailam	■ Improve the luster of the skin.	■ Apply on the face.	■ Ashtangasamgraham Sahasrayogam

Gandharvahastaadi Kashayam	■ Vata ailments, indigestion etc. Mild laxative.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Garbharakshini Kashayam	■ Anaemia, Body Pain, Loss of appetite, vomiting, giddiness etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Gulgulutiktakam Kashayam	■ Vatarakta, skin ailments, foul wounds, fistula etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Vatarakta chikitsa
Guloochiaadi Kashayam	■ Fever, thirst, vomiting etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Shodhanaadiganam
Indukaantam Kashayam	■ Vishamajwaram, consumption, stomach aches, gulma etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Kaidrariaadi Kashayam	■ Indigestion, Gas trouble, Loss of Appetite, Worm trouble etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Arogyakalpadrumam Grahaniroga chikitsa
Katakakhadiraadi Kashayam	■ Diabetes.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Mahaamanjishtaadi Kashayam	■ Skin ailments, vataraktam, filariasis, numbness, paraplegia, obesity etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam
Mahaaraasnaadi Kashayam	■ Paraplegia, apabahukam, gridrasi, apatanakam, hernia, hydrocele etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Mahaatiktakam Kashayam	■ Skin ailments, visarpam, dushtavranam, naadviranam etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Kushta chikitsa
Manjishtaadi Kashayam	■ Ailments due to blood impurity, vatasonita etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Mrudweekaadi Kashayam	■ Thirst, liquor and drug intoxication etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Musaleekhadiraadi Kashayam	■ Leucorrhoea, Menstrual disorders etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Nayopaayam Kashayam	■ Asthma, cough etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Nimbaadi Kashayam	■ Vidradhi, boils, diabetic carbuncles etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Nishaakatakaadi Kashayam	■ Diabetes.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam

Nishottamaadi Kashayam	■ Kapha pitta based skin ailments, itching, dushta vrana etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Kushta chikitsa
Panchakolam Kashayam	■ Indigestion, grahani etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Annaswaroopa-vijnaneeyam
Pathyapuna-rnavaadi Kashayam	■ Oedema, aneamia.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Pathyaakshadha-atriaadi Kashayam	■ Head aches, suryaavartam, ardhavabhedakam, ear ache, sankhakam, tooth ache, night blindness etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Shaarnghadara samhita Siroroga pradishedham
Patolakaturohiniaadi Kashayam	■ Skin ailments, fever, itching, vomiting etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Shodhanaadi ganam
Patolamoolaadi Kashayam	■ Skin diseases, itching, chest and bladder aches, vitiligo, intermittent fever etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Kushta chikitsa
Prasaarinaadi Kashayam	■ Apabahukam, vata ailments etc	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Punarnavaadi Kashayam	■ Anaemia with oedema, fever, cough, and dyspnea.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Raasnaadi Kashayam	■ Vatashonitam, aches and swelling at the ankles, triceps, knees, thighs, waist, and back of the neck etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Raasnapanchakam Kashayam	■ Vata ailments especially pain at Joints, Bone, Bone marrow etc.	■ 15 ml mixed with 30 ml hot water twice daily.	■ Sahasrayogam
Raasnaasaptakam Kashayam	■ Vataraktam, low back ache, gridrasi etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Rasonaadi Kashayam	■ Cough, hridroga, nausea, hiccough etc.	■ 15-20 ml with three times luke warm water twice daily.	■ Sahasrayogam
Sahacharaadi Kashayam	■ Gridrasi, aches in the legs, swelling, weakness etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Vaataviadhi chikitsa
Saptasaaram Kashayam	■ Gulma of women, pain in the chest, stomach, back and waist. Regulates bowel movements and improves digestion.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam

Balaahataadi Oil & Coconut Oil	■ Headache.	■ Apply on head.	■ Sahasrayogam
Balaashwa-gandhaadi Oil	■ Consumption, cattarrh etc.	■ Apply on head and body.	■ Sahasrayogam
Balaashwagandhaadi Kuzhampu	■ Vata ailments, insanity, cough etc. Gives nourishment and strength to the body.	■ Apply on body.	■ Sahasrayogam
Bhrungaamalakaadi Coconut Oil	■ Ailments of ear, throat, teeth and head. Gives coolness, clear vision and natural lusture to the eyes	■ Apply on head.	■ Sahasrayogam
Bhujagalataadi Oil & Coconut Oil	■ Dandruff, head ache, hair-falling etc. Gives natural colour and beauty to hairs.	■ Apply on head.	■ Patent
Chemparatiaadi Coconut Oil	■ Skin ailments of children, itches etc.	■ Apply on head and body.	■ Patent
Chinchaadi Oil & Kuzhambu	■ Vata ailments associated with numbess and pain, sarvangavata etc	■ Apply on head and body. Kuzhambu is not used on the head.	■ Sahasrayogam
Dashamoola Tailam	■ Ear diseases, oedema of lower limbs etc.	■ Apply on head.	■ Ashtamgasamgraham Karnaroga pratishedham
Devadaarvaadi Coconut Oil	■ Kapha ailments especially in children, productive cough, tonsilitis etc.	■ Apply on head.	■ Patent
Dhaanuantaram Tailam & Kuzhampu	■ Vata ailments, diseases of women in peurperum, insanity, retensation of urine, hernia etc.	■ Both internally and externally. Kuzhampu is not used internally and is good for Pizhichil.	■ Ashtangahrudayam Garbhaviapad saareeram
Dhaanuantaram Repetitions (3 & 7 Times)	■ Same as above with higher potency. The more number of repetitions, efficacy will be higher. Prepared in 3 and 7 repetitions.	■ Snehapaanam, Nasya karma, Vasthi and external application. 10 drops to one teaspoon.	■ Ashtangahrudayam-garbhaviapad Saareeram
Dhurdhoorapatraadi Coconut Oil	■ Dandruff, itching on scalp etc.	■ Apply on head.	■ Sahasrayogam
Dineshailaadi Oil & Coconut Oil	■ Scabies, psoriasis, etc.	■ External application.	■ Sahasrayogam
Elaadi Oil & Coconut Oil	■ Skin ailments, catarrh, itches, scabies, karappan etc.	■ Apply on head and body.	■ Ashtangahrudayam Shodhanaadi ganam

OILS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Aarukaalaadi Oil	■ Jaundice, pitta ailments etc.	■ Apply on head	■ Sahasrayogam
Amrutaadi Oil	■ Vaatarakta, headache, burning sensation in head, pitta ailments etc.	■ Apply on head	■ Sahasrayogam
Anutailam	■ Jatroordwa rogas, sinusitis, headache etc.	■ 2-10 drops for Nasya karma.	■ Ashtangahrudayam Nasya vidhi
Arimedaadi Oil	■ Diseases of the mouth, specially in dental troubles.	■ External application and gargling.	■ Sahasrayogam
Arimedastailam	■ Diseases of mouth and teeth.	■ Gargling, applying on the teeth and head.	■ Ashtangahrudayam Mukharoga pratishedham
Asanailaadi Oil & Coconut Oil	■ Promotes comfort of eyes, ear and head and prevent catarrh.	■ Apply on head and body.	■ Sahasrayogam
Asanamanjishtaadi Oil	■ Gives coolness to head and eyes.	■ Apply on head.	■ Sahasrayogam
Asanavilwaadi Oil & Coconut Oil	■ Promotes comfort of eyes, ear and head and prevent catarrh.	■ Apply on head.	■ Sahasrayogam
Ashtapatraadi Coconut Oil	■ Very effective in growth of hair and promotes comfort for eyes and ear. Useful in Nasal Conjestion, Sneezing, Neck Pain etc.	■ Apply on head.	■ Sahasrayogam
Balaa Tailam	■ Vatavikeras, Pakshaghatam etc.	■ 10-60 drops internally.	■ Sahasrayogam
Balaadhaatriaadi Oil	■ Head ache, suppuration of ears, dental troubles etc. Gives coolness to head and eyes.	■ Apply on head.	■ Sahasrayogam
Balaaguloochiaadi Oil & Coconut Oil	■ Vatashonita, burning sensation, catarrh and allied troubles etc.	■ Apply on head and body.	■ Sahasrayogam
Balaamrutaadi Tailam (Balaaguloochiaadi Tailam Special)	■ Vatashonita, headache etc.	■ Apply on head and body.	■ Patent

Shataavariaadi Kashayam	■ Paittika vatarakta, rakta pitta, insanity, burning sensation, intermittent fever etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Shonitaamruitam Kashayam	■ Ailments due to blood impurity, diabetic carbuncles, itching and visarpa. Mild laxative.	■ 15-20 ml with three times lukewarm water twice daily.	■ Patent
Sukumaaram Kashayam	■ Vata gulma, rakta gulma, hernia, piles, menstrual disorders etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Vridhi chikitsa
Tiktakam Kashayam	■ Pitta ailments, skin diseases, visarpam, boils, scabies, burning sensation in stomach, thirst, giddiness, anaemia, apachi, chronic wounds etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Kushta chikitsa
Traayantiaadi Kashayam	■ Internal abscesses, pitta gulma, visarpa, rakta pitta, jaundice, jeerna jwara etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Vidradhi chikitsa
Trijaatakaadi Kashayam	■ Swarasaadam, hrillasa, praseka etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Vaashaaguloochiaadi Kashayam	■ Paandu, kaamila, raktapitta etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Vajrakam Kashayam	■ Skin ailments, visarpam, jaundice etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Valiya Raasnaadi Kashayam	■ Sannipatika vata ailments.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Varadi Kashayam	■ Obesity.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam
Varanaadi Kashayam	■ Obesity, aamavata, head ache, internal abscess etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Shodhanaadi ganam
Viaaghriaadi Kashayam	■ Vata kapha jwara, rhinitis, cough, asthma etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Jwara chikitsa
Vidaariaadi Kashayam	■ Consumption, body ache, cough etc.	■ 15-20 ml with three times lukewarm water twice daily.	■ Ashtangahrudayam Vataviadhi chikitsa
Vilangakrishnaadi Kashayam	■ Worms and allied ailments.	■ 15-20 ml with three times lukewarm water twice daily.	■ Sahasrayogam

LEHAS

PRODUCT NAME	INDICATION	DOSAGE	REFERENCE
Agastia Rasaayanam	■ Cough, asthma, consumption, hiccough, fever, gulma, piles, hridroga, nasal catarrh etc. If consumed daily acts as rejuvenator, dispels wrinkles and greying of hair, bestows colour and complexion.	■ 10-20 gms.	■ Ashtangahrudayam Kaasa chikitsa
Ajamaamsa Rasaayanam	■ Consumption, cough, asthma etc. Nourishes the body and develops strength and vitality quickly.	■ 10-20 gms.	■ Patent
Ashwagandhaadi Leham	■ Consumption. This nourishes the body, and develops strength and vitality on daily intake.	■ 10-20 gms.	■ Sahasrayogam
Baahushaalagulam	■ Piles, Bleeding Piles, Constipation etc.	■ 10-20 gm	■ Bhaishajyaratnavli Arsochikitsa
Braahma Rasaayanam	■ Stupor, exertion, wrinkles of skin and grey hairs etc. Improves memory power and intelligence.	■ 10-20 gms.	■ Ashtangahrudayam Rasaayanaadhi kaaram
Chiavanapraasham	■ Consumption, cough, asthma, vata ailments, fevers, voice constraint, urinary and semen disorders etc. This is a well known Rasaayanam. Famous for the proper development of children and for warding off weakness in the aged.	■ 10-20 gms.	■ Ashtangahrudayam Rasaayanaadhi kaaram
Dantheehareethaki	■ Gas trouble, Sprue, Skin diseases, Heart diseases etc. It helps Laxation	■ 5-10 gm	■ Sahasrayogam
Dashamoola-hareetaki Leham	■ Dropsy, fever, gulma, anaemia, ailments of liver and kidney etc.	■ 10-20 gms.	■ Ashtangahrudayam Shopha chikitsa
Dashamoola Rasaayanam	■ Asthma, cough, voice constraint etc.	■ 5-10 gms.	■ Sahasrayogam

Draakshaadi Leham	■ Anaemia, jaundice etc.	■ 10-20 gms.	■ Ashtangahrudayam Paandu chikitsa Sahasrayogam
Gomootrahareetaki Leham	■ Piles, skin diseases, dropsy, intestinal worms, obesity, grandhi, and aamavata etc.	■ 10-20 gms.	■ Ashtangahrudayam Arsas chikitsa
Kaliaana Gulam	■ Skin ailments, piles, gulma, diabetes, fistula etc. Laxative	■ 10-20 gms.	■ Ashtangahrudayam Virechana kalpam
Kooshmaanda Rasaayanam	■ Dry cough, consumption, raktapittam etc.	■ 10-20 gms.	■ Ashtangahrudayam Kaasa chikitsa
Kutajatwagaadi Leham	■ Dysentery , Diaarrhoea.	■ 5-10 gms twice daily after food.	■ Sahasrayogam
Maanibhadram Leham	■ Skin diseases, leucoderma, piles, intestinal worms, gulma, spleen Ailments etc.	■ 10-20 gms.	■ Ashtangahrudayam Kushta chikitsa
Maarkava Rasaayanam	■ Leucoderma, skin diseases etc.	■ 10-20 gms.	■ Ashtangahrudayam Switra chikitsa
Madhusnuhee Rasaayanam	■ Skin ailments, visarpam, dushta vranam etc.	■ 5-15 gms. followed by milk	■ Sahasrayogam
Mrudweekaadi Leham	■ Pitta dominant cough.	■ 5-15 gms.	■ Ashtangahrudayam Kaasa chikitsa
Shataavaree Gulam	■ Leuchorrhoea, painful micturation etc.	■ 10-20 gms.	■ Sahasrayogam
Sooranaadi Leham	■ Piles and allied indigestion, loss of appetite and pallor.	■ 10-20 gms.	■ Ashtangahrudayam Arsas chikitsa
Sukumaaraleham	■ Vata gulma, rakta gulma, hernia, piles, menstrual disorders etc.	■ 10-20 gms.	■ Ashtangahrudayam Vidradhi vridhi chikitsa
Truvrut Leham	■ Laxative, Jaundice, Oedema etc.	■ 5-10 gm	■ Sahasrayogam
Vidariaadi Leham	■ General weakness. To increase body weight.	■ 10-20 gms twice daily after food.	■ Ashtangahrudayam Shodhanaadiganam
Vilwaadi Leham	■ Vomiting, loss of appetite, indigestion, grahani, asthma, excessive salivation etc.	■ 5-10 gms.	■ Sahasrayogam